

NutriStudents K-12 Menu Contribution Report

SSO K-5 7DAY MENU WEEK 2

WEEK:2 DAY:1

| No. | Name | Portion Size | Meat Alt OZ Equiv | Grains OZ Equiv | Fruit Cup | Veg Cup | Milk Cup | Whole Grain OZ Equiv | Veg Drk Grn CUP | Veg Red/Org CUP | Veg Starchy CUP | Veg Other CUP | Veg Legume CUP |
|--------------|----------------------------|-----------------------|----------------------|--------------------|--------------|------------|-------------|----------------------------|-----------------------|-----------------------|-----------------------|---------------------|----------------------|
| 001299 | ----- ENTREE ----- | ----- | | | | | | | | | | | |
| 001699 | NS DELI CAESAR SALAD 2M | 1 EACH | 2.000 | | | | | | | | | | |
| 001467 | ----- GRAIN ----- | ----- | | | | | | | | | | | |
| 001255 | NS GRAIN ROLL DINNER 1G | 1 EACH | | 1.000 | | | | 1.000 | | | | | |
| 001255 | NS GRAIN ROLL DINNER 1G | 1 EACH | | 1.000 | | | | 1.000 | | | | | |
| 001464 | ----- SIDE ----- | ----- | | | | | | | | | | | |
| 001700 | NS DRESS CAESAR | 1 TBSP | | | | | | | | | | | |
| 001217 | ----- VEGETABLES ----- | ----- | | | | | | | | | | | |
| 001134 | VSOB SALAD LCR 1/2C = 1/4C | 1/2 CUP | | | | 0.250 | | | | | | 0.250 | |
| 000928 | VSDF ROMAINE 1C = 1/2C | 1 CUP | | | | 0.500 | | | 0.500 | | | | |
| 000878 | ----- FRUIT ----- | ----- | | | | | | | | | | | |
| 900013 | FRUIT - ASSORTED 1/2 CUP | 1/2 Cup Equivalent | | | 0.500 | | | | | | | | |
| 000879 | ----- MILK ----- | ----- | | | | | | | | | | | |
| 001300 | NS MILK 1% ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001381 | NS MILK 2% | 1 EACH | | | | | 1.000 | | | | | | |
| 003296 | NS MILK SKIM ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001382 | NS MILK WHOLE | 1 EACH | | | | | 1.000 | | | | | | |
| Total | | | 2.000 | 2.000 | 0.500 | 0.750 | 1.000 | 2.000 | 0.500 | | | 0.250 | |

WEEK:2 DAY:2

| No. | Name | Portion Size | Meat Alt OZ Equiv | Grains OZ Equiv | Fruit Cup | Veg Cup | Milk Cup | Whole Grain OZ Equiv | Veg Drk Grn CUP | Veg Red/Org CUP | Veg Starchy CUP | Veg Other CUP | Veg Legume CUP |
|--------------|---------------------------|-----------------------|----------------------|--------------------|--------------|------------|-------------|----------------------------|-----------------------|-----------------------|-----------------------|---------------------|----------------------|
| 001299 | ----- ENTREE ----- | ----- | | | | | | | | | | | |
| 001693 | NS DELI CHX DICE GREEK 2M | 1/2 CUP | 2.000 | | | | | | | | | | |
| 001467 | ----- GRAIN ----- | ----- | | | | | | | | | | | |
| 000373 | NS GRAIN TORTILLA 9" 2G | 1 EACH | | 2.000 | | | | 2.000 | | | | | |
| 001464 | ----- SIDE ----- | ----- | | | | | | | | | | | |
| 900263 | NS DRESS RANCH | 1 TBSP | | | | | | | | | | | |
| 001217 | ----- VEGETABLES ----- | ----- | | | | | | | | | | | |
| 000909 | VSDF BROCCOLI 3/4C = 3/4C | 3/4 CUP | | | | 0.750 | | | 0.500 | | | 0.250 | |
| 000497 | ----- OR ----- | ----- | | | | | | | | | | | |
| 000923 | VSDZ BROCCOLI 3/4C = 3/4C | 3/4 CUP | | | | 0.750 | | | 0.500 | | | 0.250 | |
| 000878 | ----- FRUIT ----- | ----- | | | | | | | | | | | |
| 900013 | FRUIT - ASSORTED 1/2 CUP | 1/2 Cup Equivalent | | | 0.500 | | | | | | | | |
| 000879 | ----- MILK ----- | ----- | | | | | | | | | | | |
| 001300 | NS MILK 1% ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001381 | NS MILK 2% | 1 EACH | | | | | 1.000 | | | | | | |
| 003296 | NS MILK SKIM ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001382 | NS MILK WHOLE | 1 EACH | | | | | 1.000 | | | | | | |
| Total | | | 2.000 | 2.000 | 0.500 | 1.500 | 1.000 | 2.000 | 1.000 | | | 0.500 | |

NutriStudents K-12 Menu Contribution Report

SSO K-5 7DAY MENU WEEK 2

WEEK:2 DAY:3

| No. | Name | Portion Size | Meat Alt OZ Equiv | Grains OZ Equiv | Fruit Cup | Veg Cup | Milk Cup | Whole Grain OZ Equiv | Veg Drk Grn CUP | Veg Red/Org CUP | Veg Starchy CUP | Veg Other CUP | Veg Legume CUP |
|--------------|--------------------------|-----------------------|----------------------|--------------------|--------------|------------|-------------|----------------------------|-----------------------|-----------------------|-----------------------|---------------------|----------------------|
| 001299 | ----- ENTREE ----- | ----- | | | | | | | | | | | |
| 001695 | NS DELI EGG SALAD 2M | 1/2 CUP | 2.000 | | | | | | | | | | |
| 001467 | ----- GRAIN ----- | ----- | | | | | | | | | | | |
| 000373 | NS GRAIN TORTILLA 9" 2G | 1 EACH | | 2.000 | | | | 2.000 | | | | | |
| 001217 | ----- VEGETABLES ----- | ----- | | | | | | | | | | | |
| 000992 | VSSZ CORN 3/4C = 3/4C | 3/4 CUP | | | | 0.750 | | | | | 0.500 | 0.250 | |
| 000878 | ----- FRUIT ----- | ----- | | | | | | | | | | | |
| 900013 | FRUIT - ASSORTED 1/2 CUP | 1/2 Cup Equivalent | | | 0.500 | | | | | | | | |
| 000879 | ----- MILK ----- | ----- | | | | | | | | | | | |
| 001300 | NS MILK 1% ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001381 | NS MILK 2% | 1 EACH | | | | | 1.000 | | | | | | |
| 003296 | NS MILK SKIM ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001382 | NS MILK WHOLE | 1 EACH | | | | | 1.000 | | | | | | |
| Total | | | 2.000 | 2.000 | 0.500 | 0.750 | 1.000 | 2.000 | | | 0.500 | 0.250 | |

WEEK:2 DAY:4

| No. | Name | Portion Size | Meat Alt OZ Equiv | Grains OZ Equiv | Fruit Cup | Veg Cup | Milk Cup | Whole Grain OZ Equiv | Veg Drk Grn CUP | Veg Red/Org CUP | Veg Starchy CUP | Veg Other CUP | Veg Legume CUP |
|--------------|------------------------------|-----------------------|----------------------|--------------------|--------------|------------|-------------|----------------------------|-----------------------|-----------------------|-----------------------|---------------------|----------------------|
| 001299 | ----- ENTREE ----- | ----- | | | | | | | | | | | |
| 001696 | NS DELI HAM 1.5M | 8 EACH | 1.500 | | | | | | | | | | |
| 001467 | ----- GRAIN ----- | ----- | | | | | | | | | | | |
| 001418 | NS GRAIN BREAD WG 2SLICES 2G | 2 EACH | | 2.000 | | | | 2.000 | | | | | |
| 001464 | ----- SIDE ----- | ----- | | | | | | | | | | | |
| 003345 | NS CONDIMENT MAYO PC | 1 EACH | | | | | | | | | | | |
| 900263 | NS DRESS RANCH | 1 TBSP | | | | | | | | | | | |
| 001217 | ----- VEGETABLES ----- | ----- | | | | | | | | | | | |
| 000945 | VSRF CARROT 3/4C = 3/4C | 3/4 CUP | | | | 0.750 | | | | 0.750 | | | |
| 000878 | ----- FRUIT ----- | ----- | | | | | | | | | | | |
| 900013 | FRUIT - ASSORTED 1/2 CUP | 1/2 Cup Equivalent | | | 0.500 | | | | | | | | |
| 000879 | ----- MILK ----- | ----- | | | | | | | | | | | |
| 003296 | NS MILK SKIM ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001300 | NS MILK 1% ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001381 | NS MILK 2% | 1 EACH | | | | | 1.000 | | | | | | |
| 001382 | NS MILK WHOLE | 1 EACH | | | | | 1.000 | | | | | | |
| Total | | | 1.500 | 2.000 | 0.500 | 0.750 | 1.000 | 2.000 | | 0.750 | | | |

NutriStudents K-12 Menu Contribution Report

SSO K-5 7DAY MENU WEEK 2

WEEK:2 DAY:5

| No. | Name | Portion Size | Meat Alt OZ Equiv | Grains OZ Equiv | Fruit Cup | Veg Cup | Milk Cup | Whole Grain OZ Equiv | Veg Drk Grn CUP | Veg Red/Org CUP | Veg Starchy CUP | Veg Other CUP | Veg Legume CUP |
|--------------|-----------------------------|-----------------------|----------------------|--------------------|--------------|------------|-------------|----------------------------|-----------------------|-----------------------|-----------------------|---------------------|----------------------|
| 001299 | ----- ENTREE ----- | ----- | | | | | | | | | | | |
| 001683 | NS DELI TURKEY 2M | 4 OZ | 2.000 | | | | | | | | | | |
| 001467 | ----- GRAIN ----- | ----- | | | | | | | | | | | |
| 001690 | NS GRAIN BAGEL 2G | 1 EACH | | 2.000 | | | | 2.000 | | | | | |
| 001697 | NS GRAIN CHIP TORTILLA | 1 EACH | | 1.000 | | | | 1.000 | | | | | |
| 001464 | ----- SIDE ----- | ----- | | | | | | | | | | | |
| 003345 | NS CONDIMENT MAYO PC | 1 EACH | | | | | | | | | | | |
| 001217 | ----- VEGETABLES ----- | ----- | | | | | | | | | | | |
| 001129 | VSOFL LETTUCE 1/2C = 1/4C | 1/2 CUP | | | | 0.250 | | | | | | 0.250 | |
| 001041 | VSLC BEAN BLACK 1/2C = 1/2C | 1/2 CUP | | | | 0.500 | | | | | | | 0.500 |
| 000878 | ----- FRUIT ----- | ----- | | | | | | | | | | | |
| 900013 | FRUIT - ASSORTED 1/2 CUP | 1/2 Cup Equivalent | | | 0.500 | | | | | | | | |
| 000879 | ----- MILK ----- | ----- | | | | | | | | | | | |
| 001300 | NS MILK 1% ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001381 | NS MILK 2% | 1 EACH | | | | | 1.000 | | | | | | |
| 003296 | NS MILK SKIM ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001382 | NS MILK WHOLE | 1 EACH | | | | | 1.000 | | | | | | |
| Total | | | 2.000 | 3.000 | 0.500 | 0.750 | 1.000 | 3.000 | | | | 0.250 | 0.500 |

WEEK:2 DAY:6

| No. | Name | Portion Size | Meat Alt OZ Equiv | Grains OZ Equiv | Fruit Cup | Veg Cup | Milk Cup | Whole Grain OZ Equiv | Veg Drk Grn CUP | Veg Red/Org CUP | Veg Starchy CUP | Veg Other CUP | Veg Legume CUP |
|--------------|-----------------------------|-----------------------|----------------------|--------------------|--------------|------------|-------------|----------------------------|-----------------------|-----------------------|-----------------------|---------------------|----------------------|
| 001299 | ----- ENTREE ----- | ----- | | | | | | | | | | | |
| 001689 | NS DELI CHEF SALAD 2M | 1 EACH | 2.000 | | | | | | | | | | |
| 001467 | ----- GRAIN ----- | ----- | | | | | | | | | | | |
| 001255 | NS GRAIN ROLL DINNER 1G | 1 EACH | | 1.000 | | | | 1.000 | | | | | |
| 001255 | NS GRAIN ROLL DINNER 1G | 1 EACH | | 1.000 | | | | 1.000 | | | | | |
| 001464 | ----- SIDE ----- | ----- | | | | | | | | | | | |
| 900263 | NS DRESS RANCH | 1 TBSP | | | | | | | | | | | |
| 001217 | ----- VEGETABLES ----- | ----- | | | | | | | | | | | |
| 001134 | VSOFL SALAD LCR 1/2C = 1/4C | 1/2 CUP | | | | 0.250 | | | | | | 0.250 | |
| 000928 | VSDFL ROMAINE 1C = 1/2C | 1 CUP | | | | 0.500 | | | 0.500 | | | | |
| 000878 | ----- FRUIT ----- | ----- | | | | | | | | | | | |
| 900013 | FRUIT - ASSORTED 1/2 CUP | 1/2 Cup Equivalent | | | 0.500 | | | | | | | | |
| 000879 | ----- MILK ----- | ----- | | | | | | | | | | | |
| 001300 | NS MILK 1% ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001381 | NS MILK 2% | 1 EACH | | | | | 1.000 | | | | | | |
| 003296 | NS MILK SKIM ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001382 | NS MILK WHOLE | 1 EACH | | | | | 1.000 | | | | | | |
| Total | | | 2.000 | 2.000 | 0.500 | 0.750 | 1.000 | 2.000 | 0.500 | | | 0.250 | |

NutriStudents K-12 Menu Contribution Report

SSO K-5 7DAY MENU WEEK 2

WEEK:2 DAY:7

| No. | Name | Portion Size | Meat Alt OZ Equiv | Grains OZ Equiv | Fruit Cup | Veg Cup | Milk Cup | Whole Grain OZ Equiv | Veg Drk Grn CUP | Veg Red/Org CUP | Veg Starchy CUP | Veg Other CUP | Veg Legume CUP |
|--------|------------------------------|-----------------------|----------------------|--------------------|--------------|------------|-------------|----------------------------|-----------------------|-----------------------|-----------------------|---------------------|----------------------|
| 001299 | ----- ENTREE ----- | ----- | | | | | | | | | | | |
| 001701 | NS BUTTER PEANUT 2M | 1/4 CUP | 2.000 | | | | | | | | | | |
| 000497 | ----- OR ----- | ----- | | | | | | | | | | | |
| 001702 | NS BUTTER SUN 2M | 1/4 CUP | 2.000 | | | | | | | | | | |
| 001467 | ----- GRAIN ----- | ----- | | | | | | | | | | | |
| 001418 | NS GRAIN BREAD WG 2SLICES 2G | 2 EACH | | 2.000 | | | | 2.000 | | | | | |
| 001464 | ----- SIDE ----- | ----- | | | | | | | | | | | |
| 900263 | NS DRESS RANCH | 1 TBSP | | | | | | | | | | | |
| 001217 | ----- VEGETABLES ----- | ----- | | | | | | | | | | | |
| 001156 | VSOFCUCUMBER 3/4C = 3/4C | 3/4 CUP | | | | 0.750 | | | | | | 0.750 | |
| 000878 | ----- FRUIT ----- | ----- | | | | | | | | | | | |
| 900013 | FRUIT - ASSORTED 1/2 CUP | 1/2 Cup Equivalent | | | 0.500 | | | | | | | | |
| 000879 | ----- MILK ----- | ----- | | | | | | | | | | | |
| 001300 | NS MILK 1% ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001381 | NS MILK 2% | 1 EACH | | | | | 1.000 | | | | | | |
| 003296 | NS MILK SKIM ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001382 | NS MILK WHOLE | 1 EACH | | | | | 1.000 | | | | | | |
| | | Total | 4.000 | 2.000 | 0.500 | 0.750 | 1.000 | 2.000 | | | | 0.750 | |