

NutriStudents K-12 Menu Contribution Report

SSO 6-8 5DAY MENU WEEK 1

WEEK:1 DAY:1

| No. | Name | Portion Size | Meat Alt OZ Equiv | Grains OZ Equiv | Fruit Cup | Veg Cup | Milk Cup | Whole Grain OZ Equiv | Veg Drk Grn CUP | Veg Red/Org CUP | Veg Starchy CUP | Veg Other CUP | Veg Legume CUP |
|--------------|-----------------------------|-----------------------|----------------------|--------------------|--------------|------------|-------------|----------------------------|-----------------------|-----------------------|-----------------------|---------------------|----------------------|
| 001299 | ----- ENTREE ----- | ----- | | | | | | | | | | | |
| 001683 | NS DELI TURKEY 2M | 4 OZ | 2.000 | | | | | | | | | | |
| 001467 | ----- GRAIN ----- | ----- | | | | | | | | | | | |
| 003249 | NS GRAIN BUN HAMBURGER 2G | 1 EACH | | 2.000 | | | | 2.000 | | | | | |
| 001217 | ----- VEGETABLES ----- | ----- | | | | | | | | | | | |
| 001129 | VSOFL LETTUCE 1/2C = 1/4C | 1/2 CUP | | | | 0.250 | | | | | | 0.250 | |
| 001041 | VSLC BEAN BLACK 1/2C = 1/2C | 1/2 CUP | | | | 0.500 | | | | | | | 0.500 |
| 000878 | ----- FRUIT ----- | ----- | | | | | | | | | | | |
| 900013 | FRUIT - ASSORTED 1/2 CUP | 1/2 Cup Equivalent | | | 0.500 | | | | | | | | |
| 000879 | ----- MILK ----- | ----- | | | | | | | | | | | |
| 003296 | NS MILK SKIM ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001300 | NS MILK 1% ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001381 | NS MILK 2% | 1 EACH | | | | | 1.000 | | | | | | |
| 001382 | NS MILK WHOLE | 1 EACH | | | | | 1.000 | | | | | | |
| Total | | | 2.000 | 2.000 | 0.500 | 0.750 | 1.000 | 2.000 | | | | 0.250 | 0.500 |

WEEK:1 DAY:2

| No. | Name | Portion Size | Meat Alt OZ Equiv | Grains OZ Equiv | Fruit Cup | Veg Cup | Milk Cup | Whole Grain OZ Equiv | Veg Drk Grn CUP | Veg Red/Org CUP | Veg Starchy CUP | Veg Other CUP | Veg Legume CUP |
|--------------|------------------------------|-----------------------|----------------------|--------------------|--------------|------------|-------------|----------------------------|-----------------------|-----------------------|-----------------------|---------------------|----------------------|
| 001299 | ----- ENTREE ----- | ----- | | | | | | | | | | | |
| 001686 | NS DELI PASTRAMI 2M | 4 OZ | 2.000 | | | | | | | | | | |
| 001467 | ----- GRAIN ----- | ----- | | | | | | | | | | | |
| 001418 | NS GRAIN BREAD WG 2SLICES 2G | 2 EACH | | 2.000 | | | | 2.000 | | | | | |
| 001464 | ----- SIDE ----- | ----- | | | | | | | | | | | |
| 003345 | NS CONDIMENT MAYO PC | 1 EACH | | | | | | | | | | | |
| 900263 | NS DRESS RANCH | 1 TBSP | | | | | | | | | | | |
| 001217 | ----- VEGETABLES ----- | ----- | | | | | | | | | | | |
| 000909 | VSDF BROCCOLI 3/4C = 3/4C | 3/4 CUP | | | | 0.750 | | | 0.500 | | | 0.250 | |
| 000878 | ----- FRUIT ----- | ----- | | | | | | | | | | | |
| 900013 | FRUIT - ASSORTED 1/2 CUP | 1/2 Cup Equivalent | | | 0.500 | | | | | | | | |
| 000879 | ----- MILK ----- | ----- | | | | | | | | | | | |
| 003296 | NS MILK SKIM ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001300 | NS MILK 1% ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001381 | NS MILK 2% | 1 EACH | | | | | 1.000 | | | | | | |
| 001382 | NS MILK WHOLE | 1 EACH | | | | | 1.000 | | | | | | |
| Total | | | 2.000 | 2.000 | 0.500 | 0.750 | 1.000 | 2.000 | 0.500 | | | 0.250 | |

NutriStudents K-12 Menu Contribution Report

SSO 6-8 5DAY MENU WEEK 1

WEEK:1 DAY:3

| No. | Name | Portion Size | Meat Alt OZ Equiv | Grains OZ Equiv | Fruit Cup | Veg Cup | Milk Cup | Whole Grain OZ Equiv | Veg Drk Grn CUP | Veg Red/Org CUP | Veg Starchy CUP | Veg Other CUP | Veg Legume CUP |
|--------------|-----------------------------------|-----------------------|----------------------|--------------------|--------------|------------|-------------|----------------------------|-----------------------|-----------------------|-----------------------|---------------------|----------------------|
| 001299 | ----- ENTREE ----- | ----- | | | | | | | | | | | |
| 001692 | NS DELI CHX DICE OLD FASHION2M | 1/2 CUP | 2.000 | | | | | | | | | | |
| 001467 | ----- GRAIN ----- | ----- | | | | | | | | | | | |
| 000373 | NS GRAIN TORTILLA 9" 2G | 1 EACH | | 2.000 | | | | 2.000 | | | | | |
| 001217 | ----- VEGETABLES ----- | ----- | | | | | | | | | | | |
| 000993 | VSSC CORN 1/2C = 1/2C | 1/2 CUP | | | | 0.500 | | | | | 0.500 | | |
| 000497 | ----- OR ----- | ----- | | | | | | | | | | | |
| 000988 | VSSZ CORN 1/2C = 1/2C | 1/2 CUP | | | | 0.500 | | | | | 0.500 | | |
| 001124 | VSOV CABBAGE 1/4C = 1/4C | 1/4 CUP | | | | 0.250 | | | | | | 0.250 | |
| 000878 | ----- FRUIT ----- | ----- | | | | | | | | | | | |
| 900013 | FRUIT - ASSORTED 1/2 CUP | 1/2 Cup Equivalent | | | 0.500 | | | | | | | | |
| 000879 | ----- MILK ----- | ----- | | | | | | | | | | | |
| 003296 | NS MILK SKIM ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001300 | NS MILK 1% ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001381 | NS MILK 2% | 1 EACH | | | | | 1.000 | | | | | | |
| 001382 | NS MILK WHOLE | 1 EACH | | | | | 1.000 | | | | | | |
| Total | | | 2.000 | 2.000 | 0.500 | 0.750 | 1.000 | 2.000 | | | 0.500 | 0.250 | |

WEEK:1 DAY:4

| No. | Name | Portion Size | Meat Alt OZ Equiv | Grains OZ Equiv | Fruit Cup | Veg Cup | Milk Cup | Whole Grain OZ Equiv | Veg Drk Grn CUP | Veg Red/Org CUP | Veg Starchy CUP | Veg Other CUP | Veg Legume CUP |
|--------------|-----------------------------------|-----------------------|----------------------|--------------------|--------------|------------|-------------|----------------------------|-----------------------|-----------------------|-----------------------|---------------------|----------------------|
| 001299 | ----- ENTREE ----- | ----- | | | | | | | | | | | |
| 001619 | NS PARFAIT BERRY WGRAN 2M2.25G | 1 EACH | 2.000 | 2.250 | | | | 2.250 | | | | | |
| 001464 | ----- SIDE ----- | ----- | | | | | | | | | | | |
| 001584 | NS CONDIMENT CREAM WHIP 2TBSP | 2 TBSP | | | | | | | | | | | |
| 900263 | NS DRESS RANCH | 1 TBSP | | | | | | | | | | | |
| 001217 | ----- VEGETABLES ----- | ----- | | | | | | | | | | | |
| 000954 | VSRF PEPPER RED 3/4C = 3/4C | 3/4 CUP | | | | 0.750 | | | | 0.750 | | | |
| 000878 | ----- FRUIT ----- | ----- | | | | | | | | | | | |
| 900013 | FRUIT - ASSORTED 1/2 CUP | 1/2 Cup Equivalent | | | 0.500 | | | | | | | | |
| 000879 | ----- MILK ----- | ----- | | | | | | | | | | | |
| 001300 | NS MILK 1% ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001381 | NS MILK 2% | 1 EACH | | | | | 1.000 | | | | | | |
| 003296 | NS MILK SKIM ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001382 | NS MILK WHOLE | 1 EACH | | | | | 1.000 | | | | | | |
| Total | | | 2.000 | 2.250 | 0.500 | 0.750 | 1.000 | 2.250 | | 0.750 | | | |

NutriStudents K-12 Menu Contribution Report

SSO 6-8 5DAY MENU WEEK 1

WEEK:1 DAY:5

| No. | Name | Portion Size | Meat Alt OZ Equiv | Grains OZ Equiv | Fruit Cup | Veg Cup | Milk Cup | Whole Grain OZ Equiv | Veg Drk Grn CUP | Veg Red/Org CUP | Veg Starchy CUP | Veg Other CUP | Veg Legume CUP |
|--------|---------------------------|-----------------------|----------------------|--------------------|--------------|------------|-------------|----------------------------|-----------------------|-----------------------|-----------------------|---------------------|----------------------|
| 001299 | ----- ENTREE ----- | ----- | | | | | | | | | | | |
| 900253 | NS CHZ STICK or STRING 1M | 1 EACH | 1.000 | | | | | | | | | | |
| 001644 | NS YOGURT 1M | 1 EACH | 1.000 | | | | | | | | | | |
| 001467 | ----- GRAIN ----- | ----- | | | | | | | | | | | |
| 001601 | NS GRAIN CEREAL 1G | 1 EACH | | 1.000 | | | | 1.000 | | | | | |
| 001464 | ----- SIDE ----- | ----- | | | | | | | | | | | |
| 900263 | NS DRESS RANCH | 1 TBSP | | | | | | | | | | | |
| 001217 | ----- VEGETABLES ----- | ----- | | | | | | | | | | | |
| 000942 | VSRF CARROT 1/4C = 1/4C | 1/4 CUP | | | | 0.250 | | | | 0.250 | | | |
| 000912 | VSDF BROCCOLI 1/2C =1/2C | 1/2 CUP | | | | 0.500 | | | 0.500 | | | | |
| 000878 | ----- FRUIT ----- | ----- | | | | | | | | | | | |
| 900013 | FRUIT - ASSORTED 1/2 CUP | 1/2 Cup Equivalent | | | 0.500 | | | | | | | | |
| 000879 | ----- MILK ----- | ----- | | | | | | | | | | | |
| 001300 | NS MILK 1% ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001381 | NS MILK 2% | 1 EACH | | | | | 1.000 | | | | | | |
| 003296 | NS MILK SKIM ASSORTED | 1 EACH | | | | | 1.000 | | | | | | |
| 001382 | NS MILK WHOLE | 1 EACH | | | | | 1.000 | | | | | | |
| | | Total | 2.000 | 1.000 | 0.500 | 0.750 | 1.000 | 1.000 | 0.500 | 0.250 | | | |