DAIRY FARM FAMILIES SFSP MENU V	WEEK:1	DAY:1
DATE:		

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

rec	inc

recipe						
no.	recipe descriptions	portion size	M/MA GRAIN FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:				
001682	NS DELI HAM 2M	R: 1 EACH	2			
001543	NS CHZ SLICED SWISS .5M	R: 1 EACH	1/2			
001467	GRAIN	R:				
001418	NS GRAIN BREAD WG 2SLI	R: 2 EACH	2			
001464	SIDE	R:				
003345	NS CONDIMENT MAYO PC	R: 1 EACH				
900263	NS DRESS RANCH	R: 1 TBSP				
001217	VEGETABLES	R:				
000942	VSRF CARROT 1/4C = 1/4C	R: 1/4 CUP	1/4			
	VEGETABLE SUB RED/ORANG		1/4			
000878	FRUIT	R:				
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival	1/2			
000879	MILK	R:				
003296	NS MILK SKIM ASSORTED	R: 1 EACH	1			
001300	NS MILK 1% ASSORTED	R: 1 EACH	1			
001381	NS MILK 2%	R: 1 EACH	1			
001382	NS MILK WHOLE	R: 1 EACH	1			



Student Count : 50

Ham & Swiss Sandwich: NutriStudents K-12

Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 1682 1543 1418	DELI HAM SWISS CHEESE SLICED BREAD 2 EACH	100 QTY	SUB RECIPES: 1682 – DELI HAM 1418 – SLICED BREAD 2 SLICE 1543 - SLICED SWISS CHEESE
			1.PLACE THE HAM & CHEESE ONTO TWO SLICES OF BREAD. 2.SERVE EACH 1 HAM & SWISS SANDWICH.

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1682 Student Count: 50

Deli Ham: NutriStudents K-12 Serving Size: 11 EACH

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
904534	DELI HAM - HORMEL - 39493	550 QTY	COOKING METHOD: NO COOK
			STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 1.SERVE EACH STUDENT 11 EACH.
			CREDITABLE PRODUCTS: PRODUCT# HORMEL 39493 11 EACH, CREDITS AS 2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size			
Calories	167 kcal		
Total Fat	5.57 g		
Sodium	1949.03 mg		
Carbs	8.35 mg		

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1543 Student Count: 50

Swiss Cheese: NutriStudents K-12 Serving Size: 1 EACH

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
S2 904650 904651	*CHEESE SLICES SWISS - BONGARDS - 10043-1 *CHEESE SLICES SWISS - GREAT LAKES - 100075		COOKING METHOD: NO COOK
			STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 1.SERVE EACH STUDENT 1 EACH.
			CREDITABLE PRODUCTS: PRODUCT# BONGARD 10043-1 1 EACH, CREDITS AS 1/2 MEAT/MEAT ALTERNATIVE PRODUCT# GREAT LAKES 100075 1 EACH, CREDITS AS 1/2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size		
Calories	50 kcal	
Total Fat	4 g	
Sodium	210 mg	
Carbs	1 mg	

Components		
Meat/Alt:	0.5 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1418 Student Count: 50

Sliced Bread 2 Each : NutriStudents K-12 Serving Size : 2 EACH

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
904587	BREAD WHOLE GRAIN SLICE	100 QTY	COOKING METHOD: NO COOK
			SERVICE: SERVE EACH STUDENT 2 EACH.
			PRODUCT#:WHOLE GRAIN BREAD SLICE 2 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

	Nutrients based on 1 Serving Size
Calories	167 kcal
Total Fat	3.33 g
Sodium	116.67 mg
Carbs	28.33 mg

Components		
Meat/Alt:	0	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 3345 Student Count: 50

Mayo PC : NutriStudents K-12 Serving Size : 1 EACH

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 903889		50 QTY	COOKING METHOD: NO COOK SERVICE: 1.SERVE EACH STUDENT 1 EACH.

N	utrients based on 1 Serving Size
Calories	80 kcal
Total Fat	9 g
Sodium	65 mg
Carbs	0 mg

	Components
Meat/Alt:	0
Grains:	0
Vegetable:	0
Fruit:	0
Milk:	0





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940 903943	*SELECT ONE BELOW *DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR *DRESSING RANCH LITE - HIDDEN VALLEY - 13449-HVR	3 CUP + 1 Tbsp + 2 Tsp 3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
000040	SILESSING TO WIGHT THE THIRD END WHEELT TO THE THIRD	0 001 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK.
			SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.
			1.SERVE EACH STOBERT A TBSF EACH.

Nutrients based on 1 Serving Size		
Calories	19 kcal	
Total Fat	0.88 g	
Sodium	162.58 mg	
Carbs	2.75 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 942 Student Count: 50

Fresh Carrots 1/4 CUP : NutriStudents K-12 Serving Size : 1/4 CUP

COOKING METHOD: NO COOK HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:GRIMM 15376 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF RED VEGETABLE SUBGROUP	Ing # Ingredient Name	QTY & Measurement	Cooking Instructions
			COOKING METHOD: NO COOK HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:GRIMM 15376

Nutrients based on 1 Serving Size		
Calories	19 kcal	
Total Fat	0 g	
Sodium	23.48 mg	
Carbs	4.27 mg	

Components			
Meat/Alt:	0		
Grains:	0		
Vegetable:	0.25 cup eq.		
Fruit:	0		
Milk:	0		



DAIRY	FARM	FAMILIES	SSFSP	MENU	WEEK:1	DAY:2
DATE:						

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0) Adults(0) Total(0)

Site # 001 Nutristudents K-12

recipe no.	recipe descriptions	portion size	M/MA GRAIN FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:				
001683	NS DELI TURKEY 2M	R: 4 OZ	2			
900212	NS CHZ SLICED AMERICAN	R: 1 EACH	1/2			
001467	GRAIN	R:				
003249	NS GRAIN BUN HAMBURGE	R: 1 EACH	2			
001464	SIDE	R:				
003345	NS CONDIMENT MAYO PC	R: 1 EACH				
001472	NS GARNISH LETTUCE SHR	R: 1 TBSP				
001217	VEGETABLES	R:				
000994	VSSC CORN 1/4C = 1/4C	R: 1/4 CUP	1/4			
	VEGETABLE SUB STARCHY		1/4			
000878		R:	.,.			
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival	1/2			
000879	MILK	R:				
003296	NS MILK SKIM ASSORTED	R: 1 EACH	1			
001300	NS MILK 1% ASSORTED	R: 1 EACH	1			
001381	NS MILK 2%	R: 1 EACH	1			
001382	NS MILK WHOLE	R: 1 EACH	1			



Student Count : 50

Turkey & Cheese Bun: NutriStudents K-12

Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
1683 900212 3249	DELI TURKEY AMERICAN CHEESE HAMBURGER BUN		SUB RECIPES:
3249	HAMBURGER BUN	50 QTY	1683 – DELI TURKEY
			3249 – HAMBURGER BUN 900212 - SLICED AMERICAN CHEESE
			900212 - SLIGED AMERICAN CHEESE
			1.PLACE THE TURKEY & CHEESE ONTO A WHOLE GRAIN HAMBURGER BUN.
			2.SERVE EACH 1 TURKEY & CHEESE BUN.

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components			
Meat/Alt: 2 oz. eq.			
Grains:	2 oz. eq.		
Vegetable:	0		
Fruit:	0		
Milk:	0		





Recipe #: 1683 Student Count: 50

Deli Turkey: NutriStudents K-12 Serving Size: 4 OZ

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
904535	DELI TURKEY - HORMEL - 32236	12.5 LB	COOKING METHOD: NO COOK
			STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 1.SERVE EACH STUDENT 4 OZ EACH.
			CREDITABLE PRODUCTS: PRODUCT# HORMEL 32236 4 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size		
Calories	121 kcal	
Total Fat	3.04 g	
Sodium	728.99 mg	
Carbs	2.03 mg	

Components		
Meat/Alt: 2 oz. eq.		
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Student Count : 50

American Cheese: NutriStudents K-12

Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
S3 903870 903871 903872	SELECT ONE BELOW *CHEESE SLICES AMERICAN - LAND O' LAKES - 46288 *CHEESE SLICES AMERICAN - USDA - USDA - 100018 *CHEESE SLICES AMERICAN SKIM - USDA - USDA - 100036	150 0 1 2	COOKING METHOD: NO COOK
000072			STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 1.SERVE EACH STUDENT 1 EACH.
			CREDITABLE PRODUCTS: PRODUCT# LAND O LAKES 46288 1 EACH, CREDITS AS 1/2 MEAT/MEAT ALTERNATIVE PRODUCT# USDA 100018 1 EACH, CREDITS AS 1/2 MEAT/MEAT ALTERNATIVE PRODUCT# USDA 100036 1 EACH, CREDITS AS 1/2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size		
Calories	43 kcal	
Total Fat	3 g	
Sodium	130 mg	
Carbs	1 mg	

Components		
Meat/Alt:	0.5 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 3249 Student Count: 50

Hamburger Bun: NutriStudents K-12 Serving Size: 1 EACH

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
903995	BUN HAMBURGER - BAKER BOY - 31014	50 QTY	COOKING METHOD: NO COOK
			SERVICE: SERVE EACH STUDENT 1 EACH.
			PRODUCT#:BAKER BOY 31014 1 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size		
Calories	110 kcal	
Total Fat	1.5 g	
Sodium	190 mg	
Carbs	21 mg	

Components		
Meat/Alt:	0	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 3345 Student Count: 50

Mayo PC : NutriStudents K-12 Serving Size : 1 EACH

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 903889		50 QTY	COOKING METHOD: NO COOK SERVICE: 1.SERVE EACH STUDENT 1 EACH.

Nutrients based on 1 Serving Size		
Calories	80 kcal	
Total Fat	9 g	
Sodium	65 mg	
Carbs	0 mg	

	Components
Meat/Alt:	0
Grains:	0
Vegetable:	0
Fruit:	0
Milk:	0





Student Count : 50

Shredded lettuce: NutriStudents K-12

Serving Size : 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 904481 904416	*SELECT ONE BELOW *LETTUCE SHREDDED - GENERIC *LETTUCE SHREDDED - GENERIC		COOKING METHOD: NO COOK
			STEPS:
			HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK.
			SERVICE: 1.SERVE EACH STUDENT 1 TBSP EACH.

Nutrients based on 1 Serving Size		
Calories	1 kcal	
Total Fat	0 g	
Sodium	0.47 mg	
Carbs	0.14 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Student Count : 50

Canned Corn 1/4 CUP: NutriStudents K-12

Serving Size : 1/4 CUP

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
S2 904440 904441	*CORN CANNED - GENERIC *CORN CANNED - USDA - USDA - 100313		COOKING METHOD: NO COOK
			STEPS:
			1.0PEN & DRAIN CANS. 2.ADD CORN INTO PAN. 3.WRAP PAN WITH PLASTIC WRAP.
			HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH.
			CREDITABLE PRODUCTS: PRODUCT#:MARQUIS 44105-70020 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF STARCHY VEGETABLE SUBGROUP PRODUCT#:USDA 100313 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF STARCHY VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size		
Calories	36 kcal	
Total Fat	0.5 g	
Sodium	81.25 mg	
Carbs	8 mg	

	Components
Meat/Alt:	0
Grains:	0
Vegetable:	0.25 cup eq.
Fruit:	0
Milk:	0



DAIRY	FARM	FAMILIES	SFSP	MENU	WEEK:1	DAY:3
DATF.						

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe no.	recipe descriptions	portion size	M/MA GRAIN FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:				
001686	NS DELI PASTRAMI 2M	R: 4 OZ	2			
001688	NS CHZ SLICED PROVOLO	R: 1 EACH	1/2			
001467	GRAIN	R:				
001418	NS GRAIN BREAD WG 2SLI	R: 2 EACH	2			
001464	SIDE	R:				
003345	NS CONDIMENT MAYO PC	R: 1 EACH				
900263	NS DRESS RANCH	R: 1 TBSP				
001217	VEGETABLES	R:				
000910	VSDF BROCCOLI 1/4C =1/4	R: 1/4 CUP	1/4			
	VEGETABLE SUB		4/4			
000878	DARK GREE	R:	1/4			
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival	1/2			
000879	MILK	R:				
003296	NS MILK SKIM ASSORTED	R: 1 EACH	1			
001300	NS MILK 1% ASSORTED	R: 1 EACH	1			
001381	NS MILK 2%	R: 1 EACH	1			
001382	NS MILK WHOLE	R: 1 EACH	1			



Recipe #: 81213 Student Count: 50

Pastrami & Provolone Sandwich : NutriStudents K-12 Serving Size :

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 1686 1688 1418	DELI PASTRAMI PROVOLONE CHEESE - CHEESE CRAFTERS - 12316 SLICED BREAD 2 EACH		SUB RECIPES:
1418	SLICED BREAD 2 EACH	100 QTY	1686 – DELI PASTRAMI 1418 – SLICED BREAD 2 SLICE
			1688 - SLICED PROVOLONE CHEESE
			1.PLACE THE PASTRAMI & CHEESE ONTO TWO SLICES OF BREAD.
			2.SERVE EACH 1 PASTRAMI & PROVOLONE SANDWICH.
			2.SERVE EACH I PASTRAINI & PROVOLONE SANDWICH.

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	

1 EACH





Recipe #: 1686 Student Count: 50

Deli Pastrami : NutriStudents K-12 Serving Size : 4 OZ

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
904754	DELI PASTRAMI - HORMEL - 37725	12.5 LB	COOKING METHOD: NO COOK
			STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 1.SERVE EACH STUDENT 4 OZ EACH.
			CREDITABLE PRODUCTS: PRODUCT# HORMEL 37725 4 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size		
Calories	140 kcal	
Total Fat	8 g	
Sodium	1200 mg	
Carbs	0 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1688 Student Count: 50

Provolone Cheese: NutriStudents K-12 Serving Size: 1 EACH

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
904755	PROVOLONE CHEESE - CHEESE CRAFTERS - 12316	50 QIY	COOKING METHOD: NO COOK
			STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 1.SERVE EACH STUDENT 1 EACH.
			CREDITABLE PRODUCTS: PRODUCT# CHEESE CRAFTERS 12316 1 EACH, CREDITS AS 1/2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components		
Meat/Alt: 0.5 oz. eq.		
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1418 Student Count: 50

Sliced Bread 2 Each : NutriStudents K-12 Serving Size : 2 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904587	BREAD WHOLE GRAIN SLICE	100 QTY	COOKING METHOD: NO COOK
			SERVICE: SERVE EACH STUDENT 2 EACH.
			PRODUCT#:WHOLE GRAIN BREAD SLICE 2 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size		
Calories	167 kcal	
Total Fat	3.33 g	
Sodium	116.67 mg	
Carbs	28.33 mg	

Components		
Meat/Alt:	0	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 3345 Student Count: 50

Mayo PC : NutriStudents K-12 Serving Size : 1 EACH

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 903889		50 QTY	COOKING METHOD: NO COOK SERVICE: 1.SERVE EACH STUDENT 1 EACH.

Nutrients based on 1 Serving Size		
Calories	80 kcal	
Total Fat	9 g	
Sodium	65 mg	
Carbs	0 mg	

	Components
Meat/Alt:	0
Grains:	0
Vegetable:	0
Fruit:	0
Milk:	0





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940 903943	*SELECT ONE BELOW *DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR *DRESSING RANCH LITE - HIDDEN VALLEY - 13449-HVR	3 CUP + 1 Tbsp + 2 Tsp 3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
000040	SILESSING TO WIGHT THE THIRD END WHEELT TO THE THIRD	0 001 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK.
			SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.
			1.SERVE EACH STODERT A TEST EACH.

Nutrients based on 1 Serving Size		
Calories	19 kcal	
Total Fat	0.88 g	
Sodium	162.58 mg	
Carbs	2.75 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Student Count : 50

Fresh Broccoli 1/4 CUP: NutriStudents K-12

Serving Size : 1/4 CUP

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
S2 904196 904195	*BROCCOLI FLORETTE FRESH - GENERIC *BROCCOLI FLORETTE FRESH - GENERIC		COOKING METHOD: NO COOK
			STEPS:
			1.CHOP VEGETABLES INTO SMALLER UNITS.
			HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 2.SERVE EACH STUDENT A 1/4 OF A CUP EACH.
			CREDITABLE PRODUCTS: PRODUCT#:TAYLOR 1010006 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP PRODUCT#:TAYLOR 73007 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size			
Calories 11 kcal			
Total Fat 0 g			
Sodium	10.81 mg		
Carbs	1.73 mg		

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0.25 cup eq.	
Fruit:	0	
Milk:	0	



DAIRY	FARM	FAMILIES	SFSP	MENU	WEEK:1	DAY:4
DATE.						

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0) Adults(0) T	otal(0)
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Site # 001 Nutristudents K-12

recipe						
no.	recipe descriptions	portion size	M/MA GRAIN FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:				
001683	NS DELI TURKEY 2M	R: 4 OZ	2			
900212	NS CHZ SLICED AMERICAN	R: 1 EACH	1/2			
001467	GRAIN	R:				
001690	NS GRAIN BAGEL 2G	R: 1 EACH	2			
001464	SIDE	R:				
900263	NS DRESS RANCH	R: 1 TBSP				
001217	VEGETABLES	R:				
001154	VSOF CUCUMBER 1/4C = 1/	R: 1/4 CUP	1/4			
	VEGETABLE SUB OTHER		1/4			
000878		R:				
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival	1/2			
000879	MILK	R:				
001300	NS MILK 1% ASSORTED	R: 1 EACH	1			
001381	NS MILK 2%	R: 1 EACH	1			
003296	NS MILK SKIM ASSORTED	R: 1 EACH	1			
001382	NS MILK WHOLE	R: 1 EACH	1			



Student Count : 50

Turkey & Cheese Bagel: NutriStudents K-12

Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 1683 900212 1690		12.5 LB 50 QTY 50 QTY	SUB RECIPES: 1683 – DELI TURKEY 1690 – WHOLE GRAIN BAGEL 900212 - SLICED AMERICAN CHEESE 1.PLACE THE TURKEY & CHEESE ONTO A WHOLE GRAIN BAGEL. 2.SERVE EACH 1 TURKEY & CHEESE BAGEL.

Nutrients ba	Nutrients based on 1 Serving Size		
Calories	0 kcal		
Total Fat	0 g		
Sodium	0 mg		
Carbs	0 mg		

Components		
Meat/Alt:	2 oz. eq.	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1683 Student Count: 50

Deli Turkey: NutriStudents K-12 Serving Size: 4 OZ

Ing # Ingredient Name OTY & Measurement Cooking Instructions Sold Steps Cooking METHOD: NO COOK

	Nutrients based on 1 Serving Size			
Calories	121 kcal			
Total Fat	3.04 g			
Sodium	728.99 mg			
Carbs	2.03 mg			

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Student Count : 50

American Cheese: NutriStudents K-12

Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
S3 903870 903871 903872	SELECT ONE BELOW *CHEESE SLICES AMERICAN - LAND O' LAKES - 46288 *CHEESE SLICES AMERICAN - USDA - USDA - 100018 *CHEESE SLICES AMERICAN SKIM - USDA - USDA - 100036	150 0 1 2	COOKING METHOD: NO COOK
000072			STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 1.SERVE EACH STUDENT 1 EACH.
			CREDITABLE PRODUCTS: PRODUCT# LAND O LAKES 46288 1 EACH, CREDITS AS 1/2 MEAT/MEAT ALTERNATIVE PRODUCT# USDA 100018 1 EACH, CREDITS AS 1/2 MEAT/MEAT ALTERNATIVE PRODUCT# USDA 100036 1 EACH, CREDITS AS 1/2 MEAT/MEAT ALTERNATIVE

N	utrients based on 1 Serving Size
Calories	43 kcal
Total Fat	3 g
Sodium	130 mg
Carbs	1 mg

Components				
Meat/Alt: 0.5 oz. eq.				
Grains: 0				
Vegetable:	0			
Fruit:	0			
Milk:	0			





Student Count : 50

Whole Grain Bagel: NutriStudents K-12

Serving Size : 1 EACH

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
904583	BAGEL - LENDERS - 74	50 QTY	COOKING METHOD: NO COOK
			SERVICE: SERVE EACH STUDENT 1 EACH.
			PRODUCT#:BAKER BOY 31014 1 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size				
Calories 0 kcal				
Гotal Fat 0 g				
Sodium	0 mg			
Carbs	0 mg			

Components			
Meat/Alt: 0			
Grains:	2 oz. eq.		
Vegetable:	0		
Fruit:	0		
Milk:	0		





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
S2 903940 903943	*SELECT ONE BELOW *DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR *DRESSING RANCH LITE - HIDDEN VALLEY - 13449-HVR	3 CUP + 1 Tbsp + 2 Tsp 3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
000010		1 2 5 1 1 2 5 P	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK.
			SERVICE:
			1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size				
Calories 19 kcal				
Total Fat	0.88 g			
Sodium	162.58 mg			
Carbs	2.75 mg			

Components				
Meat/Alt:	0			
Grains:	0			
Vegetable:	0			
Fruit:	0			
Milk:	0			





Recipe #: 1154 Student Count: 50

Fresh Cucumber 1/4 CUP : NutriStudents K-12 Serving Size : 1/4 CUP

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 904274	Ingredient Name CUCUMBERS FRESH - GENERIC	QTY & Measurement 12 &1/4 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD: NO COOK STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:FRESH CUCUMBERS
			1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF OTHER VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size				
Calories	4 kcal			
Total Fat 0 g				
Sodium	0.49 mg			
Carbs	0.98 mg			

Components			
Meat/Alt: 0			
Grains:	0		
Vegetable:	0.25 cup eq.		
Fruit:	0		
Milk:	0		



DAIRY	FARM	FAMILIE	ES SF	SP N	/IENU	WEEK:1	DAY:	5
DATE:								

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe

recipe						
no.	recipe descriptions	portion size	M/MA GRAIN FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:				
001692	NS DELI CHX DICE OLD FAS	R: 1/2 CUP	2			
001467	GRAIN	R:				
000373	NS GRAIN TORTILLA 9" 2G	R: 1 EACH	2			
001464	SIDE	R:				
900263	NS DRESS RANCH	R: 1 TBSP				
001217	VEGETABLES	R:				
000925	VSDF ROMAINE 1/2C = 1/4C	R: 1/2 CUP	1/4			
	VEGETABLE SUB DARK GREE		1/4			
000878	FRUIT	R:				
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival	1/2			
000879	MILK	R:				
003296	NS MILK SKIM ASSORTED	R: 1 EACH	1			
001300	NS MILK 1% ASSORTED	R: 1 EACH	1			
001381	NS MILK 2%	R: 1 EACH	1			
001382	NS MILK WHOLE	R: 1 EACH	1			
		1			1	1



Recipe # : 81215 Student Count :

Old Fashioned Chicken Wrap: NutriStudents K-12 Serving Size:

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 1692 373	DELI OLD FASHIONED CHICKEN WHOLE WHEAT TORTILLA	50 Q 1 Y	SUB RECIPES: 1692– DELI OLD FASHIONED CHICKEN 373 – WHOLE WHEAT TORTILLA
			1.MIX CHICKEN AS SHOWN IN RECIPE 1692, SCOOP CHICKEN ONTO THE TORTILLA AND CREATE THE WRAP.
			2.SERVE EACH 1 OLD FASHIONED CHICKEN WRAP.

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components			
Meat/Alt:	2 oz. eq.		
Grains:	2 oz. eq.		
Vegetable:	0		
Fruit:	0		
Milk:	0		

50

1 EACH





Student Count : 50

Old Fashioned Chicken: NutriStudents K-12

Serving Size: 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
\$2 904241 904242 904220 904389 903947 904653 903887 904116 904131	*CHICKEN DICED - TYSON - 46012-928 *CHICKEN DICED - USDA - USDA - 100101 CELERY STICKS - GENERIC ONION RED RAW 5# - GENERIC SAUCE	7.25 LB 3.83/4 CUP + 1 Tbsp + 2 Tsp 1.83/4 CUP + 1 Tbsp + 2 Tsp 3/4 CUP + 1 Tbsp + 2 Tsp 2.83/4 CUP + 1 Tbsp + 2 Tsp 1 Tbsp 1 Tbsp	COOKING METHOD: NO COOK STEPS: 1.IN A LARGE BOWL MIX THE THAWED CHICKEN, MAYO, YOGURT SPICES & VEGETABLES UNTIL WELL BLENDED. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT ½ OF A CUP OF CHICKEN. CREDITABLE PRODUCTS: PRODUCT# TYSON 46012-928 2.3 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE PRODUCT# USDA 100101 2 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size				
Calories	136 kcal			
Total Fat	7.76 g			
Sodium	269.46 mg			
Carbs	1.68 mg			

Components			
Meat/Alt:	2 oz. eq.		
Grains:	0		
Vegetable:	0		
Fruit:	0		
Milk:	0		





Recipe #: 373 Student Count: 50

Whole Wheat Tortilla : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
903999	TORTILLA 9" WHOLE WHEAT - CATALLIA - 40029	50 Q1Y	COOKING METHOD: NO COOK
			SERVICE: 1.SERVE EACH STUDENT 1 EACH.
			CREDITABLE PRODUCTS: PRODUCT#:CATALLIA 40029 1 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size			
Calories	150 kcal		
Total Fat	3.5 g		
Sodium	210 mg		
Carbs	25 mg		

Components			
Meat/Alt:	0		
Grains:	2 oz. eq.		
Vegetable:	0		
Fruit:	0		
Milk:	0		





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing#	Ingredient Name	QTY & Measurement	Cooking Instructions
S2 903940 903943	*SELECT ONE BELOW *DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR *DRESSING RANCH LITE - HIDDEN VALLEY - 13449-HVR	3 CUP + 1 Tbsp + 2 Tsp 3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
000010		1 2 5 1 1 2 5 P	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK.
			SERVICE:
			1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size				
Calories	19 kcal			
Total Fat	0.88 g			
Sodium	162.58 mg			
Carbs	2.75 mg			

Components			
Meat/Alt:	0		
Grains:	0		
Vegetable:	0		
Fruit:	0		
Milk:	0		





Student Count : 50

Fresh Romaine 1/2 CUP: NutriStudents K-12

Serving Size: 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
S2 904275 904276	*ROMAINE CHOPPED - GENERIC *ROMAINE CHOPPED - GENERIC		COOKING METHOD: NO COOK
			STEPS:
			1.CHOP VEGETABLES INTO SMALLER UNITS.
			HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 2.SERVE EACH STUDENT A ½ OF A CUP EACH.
			CREDITABLE PRODUCTS: PRODUCT#:TAYLOR 14808 1/2 CUP EACH, CREDITS AS 1/4 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP PRODUCT#:TAYLOR 1060003 1/2 CUP EACH, CREDITS AS 1/4 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size				
Calories	3 kcal			
Total Fat	0 g			
Sodium	1.55 mg			
Carbs	0.64 mg			

Components			
Meat/Alt:	0		
Grains:	0		
Vegetable:	0.25 cup eq.		
Fruit:	0		
Milk:	0		



NutriStudents K-12°

Menu Freedom. Over 100 Certified Weeks.

USDA Nutritional Requirements Compliance Certification

I, Jeanne Hopkins, as NutriStudents K-12® registered dietitian, hereby attest that all NutriStudents K-12® menus have been analyzed through USDA-certified nutrient analysis software and are in full compliance with the USDA meal pattern requirements established under the Healthy Hunger Free Kids Act (HHFKA) as updated for School Year 2020-2021.

Jeanne Hopkins, RD