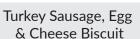
Menu Freedom. Tools for Success.

# CACFP 3-5/Adult Menu

#### Week 1







Crunchy Chicken Tender Wrap



Turkey Meatballs with Gravy



Fish Bites



Boneless Chicken Chompers



Teriyaki Chicken Bowl



Bean & Cheese Burrito

#### Week 2



Pancakes



Hamburger



Alfredo Chicken Fillet



Ravioli



Mini Corn Dogs



French Toast Sticks



Chicken Carnitas Taco

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#### Week 3



Turkey Sausage with Gravy



Chicken Nachos



Curry Gravy Meatballs



BBQ Chicken Sandwich



Cheesy Beef Steak



**Cheese Omelet** 



Meatball Sub



Breakfast Pizza



Chicken Patty Sandwich



Walking Beef Taco



Sesame Popcorn Chicken



Turkey & Gravy



Bosco Sticks



Zesty Beef Steak

Week 5



Queso Omelet



Beef Hot Dog



Chicken Enchilada Nachos



Macaroni & Cheese



Buffalo Chicken Sandwich



Chicken & Potato Pilaf



Pepperoni Pizza

Menu Freedom. Tools for Success.

# CACFP 3-5/Adult Menu

#### Week 6















French Toast Sticks

BBQ Chicken Sandwich

Chicken Enchilada Nachos

Beef Hot Dog

Gold Coast Chicken

Albondigas Mexicanas

Sesame Popcorn Chicken

## Week 7

Photo Coming Soon!











**Photo Coming Soon!** 

Waffle

Hamburger

Sweet & Sour Chicken

Tuscan Chicken Sandwich

in Chicken Tejas Meatballs

Zesty Beef Steak

Fish Sandwich

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#### Week 8



Cheese Omelet



Crunchy Chicken Tenders



Walking Beef Taco



Italian Chicken Pasta



Mini Corn Dogs



Chicken Taco



Beef Pho

### Week 9



Pancakes



Chicken Patty Sandwich



Pollo Verde



Beef & Potato Wrap



Sesame Popcorn Chicken



Cheesy Spaghetti



Mongolian Meatballs



Scrambled Egg Wrap



Chicken Strip Kabob Bowl



Taco Joe



Twisted Queso Meatball Sub



Pollo de la Playa



Popcorn Chicken Nachos



Chicken Satay

Menu Freedom. Tools for Success.

# CACFP 3-5/Adult Menu

#### Week 11



Egg & Cheese Breakfast Sandwich



Crispy Chicken Sandwich



Walking Beef Taco



Taj Mahal Meatballs



Mini Corn Dogs



Sweet & Sour Chicken



Baja Fish Taco

### Week 12



Breakfast Fajita



Hamburger



Chicken Chilaquiles



Cheesy Spaghetti



Crunchy Chicken Tender Wrap



French Toast Sticks



Cheese Quesadilla



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#### Week 13



Beef Breakfast Skillet



Sloppy Joe



Orange Chicken



Cheesy Ravioli



Beef & Potato Wrap



Turkey Meatballs with Gravy



Cuban Sandwich

### Week 14



Chicken & Cheese Biscuit



Chicken Nachos



Hot Dog



Chicken Fajita Spaghetti



Crunchy Chicken Tenders



Cheeseburger



Rosy Chicken Penne

Week 15



**Brunch Fried Rice** 



Chicken Nuggets



Grilled Lime Chicken Sandwich



Lasagna Roll-up



Sweet & Sour Chicken



Cheeseburger Meatloaf



**BBQ Baked Pork** 

Menu Freedom. Tools for Success.

# CACFP 3-5/Adult Menu

#### Week 16



Turkey Sausage, Egg & Cheese Biscuit



Tejas Meatballs



Creamy Chicken Sabzi



Hot Dog



BBQ Chicken Carnitas Sandwich



Beef Pho



Chicken Penne Alfredo

#### Week 17



**Pancakes** 



Pollo de la Playa



Taj Mahal Meatballs



Chicken Fried Rice



Baja Fish Taco



Crunchy Chicken Tenders



Walking Beef Taco

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#### Week 18



Turkey Sausage with Gravy



Chicken Nuggets



Cheese Quesadilla



Sweet & Sour Chicken



Tuscan Chicken Sandwich



Beef Corn Bread Casserole



Beef Rib Sandwich



Breakfast Pizza



Cowboy Cheddar Burger



Chicken Fajita Spaghetti



Beef Tater Tot Nachos



Curry Gravy Meatballs



Asian Baked Pork



Bean & Cheese Burrito

Week 20



Queso Omelet



Garden Burger



Southwest Queso Chicken Wrap



Sloppy Joe Mac



Chicken & Potato Pilaf



Ranch Mozzarella Burger



Popcorn Chicken Nachos

Menu Freedom. Tools for Success.

# CACFP 3-5/Adult Menu

#### Week 21













**Photo Coming Soon!** 

French Toast Sticks

Hamburger

Chicken Enchilada Nachos

Turkey Meatballs with Gravy

Rosy Chicken Penne

Beef Chili

Fish Sandwich

Week 22

**Photo Coming Soon!** 

Waffle & Breakfast

Sausage



Chicken Patty Sandwich



Queso Meatball Nachos



Orange Chicken



Cheeseburger Meatloaf



Pizza Crunchers



Chicken Tortilla Soup

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#### Week 23



Cheese Omelet



Mini Corn Dogs



Walking Beef Taco



Chicken Pesto Macaroni



Turkey & Gravy



Sloppy Joe



Soft Pretzel with Cheese

### Week 24



Pancakes



Crunchy Chicken Tender Wrap



Spaghetti Bolognese



Grilled Lime Chicken



Zesty Beef Steak



**Bosco Sticks** 



Grilled Cheese Sandwich & Tomato Soup



Scrambled Egg Wrap



Crunchy Chicken Tenders



Beefy Queso Pasta Bake



Sesame Popcorn Chicken



Italian Chicken Pasta



Albondingas Mexicanas



Fish Bites

Menu Freedom. Tools for Success.

# CACFP 3-5/Adult Menu

#### Week 26







Mini Corn Dogs



Cheesy Spaghetti



Chicken Chilaquiles



**BBQ Baked Pork** 



Pepperoni Pizza



Chicken Noodle Soup

### Week 27



Breakfast Fajita



Chicken Nuggets



Macaroni & Cheese



Meatball Sub



Chicken Carnitas Taco



Beef Pad Thai



Hot Ham & Cheese Sandwich

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#### Week 28



Beef Breakfast Skillet



**Boneless Chicken** Chompers



**Cheesy Beef Steak** 



Mongolian Chicken



Chicken Taco



**Beef Stroganoff** 



**Cuban Sandwich** 

## Week 29



Chicken & Cheese **Biscuit** 



Tex Mex Chicken Alfredo Sandwich



Beef & Potato Wrap



Teriyaki Chicken Bowl



Taco Joe



**BBQ** Chicken Sandwich



**Beef Curry** 

Week 30

**Brunch Fried Rice** 



**Buffalo Chicken** Sandwich



Mongolian Meatballs



Gold Coast Chicken



Verde Pork Taco



**Chicken Satay** 



Cheese Calzone

Menu Freedom. Tools for Success.

# CACFP 3-5/Adult Menu

#### Week 31















Garden Salad

**Turkey Sandwich** 

Pastrami Sandwich

Old Fashioned Chicken Wrap

Yogurt Parfait

Breakfast For Lunch

**Turkey Croissant** 

### Week 32



Chicken Caesar Salad



Greek Chicken Wrap



Egg Salad Wrap



Ham Sandwich



Turkey Bagel Sandwich



Chef Salad



Peanut (or Seed) Butter Sandwich



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#### Week 33



Yogurt Parfait



Asian Chicken Wrap



Soft Pretzel with Cheese



Fiesta Chicken Sandwich



Turkey Wrap



Pesto Chicken Bowl



Craisin Chicken Pasta

## Week 34



**Turkey Croissant** 





Fiesta Chicken Bowl Assorted Muffin and Yogurt



Sandwich



Craisin Chicken Bagel Asian Chicken Wrap



Pancakes with Yogurt



Pesto Chicken Pasta



Pesto Chicken Wrap



Turkey Bagel Sandwich



Craisin Chicken Bowl



Chef Salad



Fiesta Chicken Pasta



Asian Chicken Sandwich



Peanut (or Seed) **Butter Sandwich** 

Menu Freedom. Tools for Success.

# CACFP 3-5/Adult Menu

#### Week 36















Egg & Cheese **Breakfast Sandwich** 

Fiesta Chicken Wrap

Taj Mahal Meatballs

Bosco Sticks

Asian Chicken Bowl

Pepperoni Pizza

Pollo Verde

Week 37















Cheesy Spaghetti

Craisin Chicken Wrap Mongolian Meatballs

**Zesty Beef Steak** 

Pesto Chicken Sandwich

Mini Corn Dogs

Baja Fish Tacos

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### Week 38











Beef & Potato Wrap

Asian Chicken Pasta

Meatball Sub

**Cheesy Beef Steak** 

Craisin Chicken Bowl

Walking Beef Taco

Sweet & Sour Chicken

## Week 39















Pancakes with Yogurt Pesto Chicken Wrap

Tejas Meatballs

Chicken Satay

Fiesta Chicken Pasta Alfredo Chicken Fillet

Beef Pho



Queso Omelet



Asian Chicken Sandwich



**BBQ Baked Pork** 



**Twisted Queso** Meatball Sub



Pesto Chicken Pasta



Tuscan Chicken Sandwich



French Toast Sticks

Menu Freedom. Tools for Success.

# CACFP 3-5/Adult Menu

#### Week 41



Chicken Penne Alfredo



**Pancakes** 



Beef Hot Dog



Sesame Popcorn Chicken



Cheese Quesadilla



Beef Chili with Cinnamon Roll



Chicken Nuggets

#### Week 42



Orange Chicken



Breakfast Pizza



Beef Rib Sandwich



Grilled Cheese & Tomato Soup



Beef Stroganoff



Chicken & Waffles



Walking Beef Taco

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### Week 43



Crunchy Chicken Tender Wrap



Soft Pretzel with Cheese



Hot Ham & Cheese Sandwich



French Toast Sticks



Meatball Sub



Pepperoni Pizza



Mini Corn Dogs



Sweet & Sour Chicken



Macaroni & Cheese



Chicken Patty Sandwich



Pork Taco



Chicken Noodle Soup



Hamburger



Turkey Meatballs with Gravy

Week 45



Chicken Nuggets



**BBQ Baked Pork** 



Turkey Sausage with Gravy



Cuban Sandwich



Bean & Cheese Burrito



Chicken Enchilada Nachos



Sloppy Joe