

Recipe # : 1452

Student Count : 100

Breakfast Beef Egg & Potato Skillet : NutriStudents K-12

Serving Size : 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
S2	SELECT ONE BELOW		<p>COOKING METHOD: STANDARD OVEN:4" DEEP FULL HOTEL PAN</p> <p>STEPS:</p> <ol style="list-style-type: none"> 1.SAUTEE ONIONS & PEPPERS WITH OIL IN A SAUCE PAN TO BRING OUT THEIR FLAVOR. 2.PLACE THAWED BEEF & EGGS INTO THE PAN. 3.ADD SPICES & JUICE AND MIX WELL. 4.SPREAD CHEESE & POTATOES EVENLY OVER THE TOP. 5.WRAP PAN WITH PLASTIC WRAP & TINFOIL. <p>HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK.</p> <p>TEMP: *IF USING A CONVECTION OVEN, DECREASE TEMP BY 25° to 50°*</p> <p>6.PREHEAT OVEN TO 325°</p> <p>HEAT UNTIL ENTRÉE REACHES 165° OR ABOVE, HOLD ABOVE 135° UNTIL END OF SERVICE.</p> <p>SERVICE: 7.SERVE EACH STUDENT A ½ OF A CUP EACH.</p> <p>CREDITABLE PRODUCTS: PRODUCT#:ADVANCE PIERRE #8837 2.2 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE PRODUCT#:USDA 100134 2.3 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE PRODUCT#:SUNNY FRESH 110026384 2 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE</p>
904073	*BEEF CRUMBLE - ADVANCE PIERRE - 8837	7 LB	
904097	*BEEF CRUMBLE - USDA - USDA - 100134	7.25 LB	
904538	EGG SCRAMBLED - SUNNY FRESH - 110026384	6.25 LB	
S2	SELECT ONE BELOW		
904103	*CHEESE MOZZARELLA SHREDDED - FOREMOST - 10000995	3.25 LB	
904063	*CHEESE MOZZARELLA SHREDDED - USDA - USDA - 100021	3.25 LB	
904444	POTATO CRISPY CUBE - MCCAIN - MCL03624	15 & 3/4 CUP + 1 Tbsp + 2 Tsp	
S2	SELECT ONE BELOW		
904031	*OIL SOYBEAN - CHEF'S PRIDE - 54107	1 Tbsp + 2 Tsp	
904033	*OIL SOYBEAN - USDA - USDA - 100442	1 Tbsp + 2 Tsp	
904617	PEPPER & ONION BLEND	3 & 3/4 CUP + 1 Tbsp + 2 Tsp	
904131	SALT KOSHER - GENERIC - -	1/8 CUP 1 Tbsp + 2 Tsp	
904115	GARLIC GRANULATED - -	1/8 CUP 1 Tbsp + 2 Tsp	
904116	BLACK PEPPER GROUND - -	1 Tbsp	

Nutrients based on 1 Serving Size	
Calories	220 kcal
Total Fat	14.51 g
Sodium	621.34 mg
Carbs	8.29 mg

Components	
Meat/Alt:	2 oz. eq.
Grains:	0
Vegetable:	0
Fruit:	0
Milk:	0

Recipe # :	3255	Student Count :	100
Shredded Mozzarella : NutriStudents K-12		Serving Size :	1/8 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
S2	SELECT ONE BELOW		COOKING METHOD: NO COOK STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/8 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT# FOREMOST 10000995 1/2OZ, CREDITS AS 1/8 MEAT/MEAT ALTERNATIVE PRODUCT#USDA 100021 1 /2OZ, CREDITS AS 1/8 MEAT/MEAT ALTERNATIVE
904103	*CHEESE MOZZARELLA SHREDDED - FOREMOST - 10000995	3.25 LB	
904063	*CHEESE MOZZARELLA SHREDDED - USDA - USDA - 100021	3.25 LB	

Nutrients based on 1 Serving Size	
Calories	45 kcal
Total Fat	3.5 g
Sodium	85 mg
Carbs	0.5 mg

Components	
Meat/Alt:	0.125 oz. eq.
Grains:	0
Vegetable:	0
Fruit:	0
Milk:	0

Recipe # : 373

Student Count : 100

Whole Wheat Tortilla : NutriStudents K-12

Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
903999	TORTILLA 9" WHOLE WHEAT - CATALIA - 40029	100 QTY	<p>COOKING METHOD: NO COOK</p> <p>SERVICE: 1.SERVE EACH STUDENT 1 EACH.</p> <p>CREDITABLE PRODUCTS: PRODUCT#:CATALLIA 40029 1 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS</p>

Nutrients based on 1 Serving Size	
Calories	150 kcal
Total Fat	3.5 g
Sodium	210 mg
Carbs	25 mg

Components	
Meat/Alt:	0
Grains:	2 oz. eq.
Vegetable:	0
Fruit:	0
Milk:	0