SFSP	MENU	WEEK:1	DAY:1
DATE:			

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe no. M/MA GRAIN FRUIT VEGETABLE MILK PLANNED PREPARED

recipe								
no.	recipe descriptions	portion size	M/MA GI	RAIN FRU	T VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE							
001682	NS DELI HAM 2M	1 EACH	2					
001467	GRAIN							
001418	NS GRAIN BREAD WG 2SLI	2 EACH		2				
001464	SIDE							
003345	NS CONDIMENT MAYO PC	1 EACH						
900263	NS DRESS RANCH	1 TBSP						
001217	VEGETABLES							
000942	VSRF CARROT 1/4C = 1/4C	1/4 CUP			1/4			
	VEGETABLE SUB RED/ORANG				1/4			
000878	FRUIT							
900013	FRUIT - ASSORTED 1/2 CUP	1/2 Cup Equival		1,	/2			
000879	MILK							
003296	NS MILK SKIM ASSORTED	1 EACH			1			
001300	NS MILK 1% ASSORTED	1 EACH			1			
001381	NS MILK 2%	1 EACH			1			
001382	NS MILK WHOLE	1 EACH			1			



Recipe #: 81211 Student Count: 50

Ham Sandwich : NutriStudents K-12 Serving Size : 1 EACH

DELI HAM SLICED BREAD 2 EACH 100 OTY 1682 DELI HAM 1418 – SLICED BREAD 2 SLICE 1.PLACE THE HAM ONTO TWO SLICES OF BREAD. 2.SERVE EACH 1 HAM SANDWICH.	Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
	1682 1418		550 QTY 100 QTY	SUB RECIPES: 1682 – DELI HAM 1418 – SLICED BREAD 2 SLICE 1.PLACE THE HAM ONTO TWO SLICES OF BREAD.

Nutrients based on 1 Serving Size			
Calories	0 kcal		
Total Fat	0 g		
Sodium	0 mg		
Carbs	0 mg		

Components		
Meat/Alt:	2 oz. eq.	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1682 Student Count: 50

Deli Ham: NutriStudents K-12 Serving Size: 11 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904534	DELI HAM - HORMEL - 39493		COOKING METHOD: NO COOK
			STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 1.SERVE EACH STUDENT 11 EACH.
			CREDITABLE PRODUCTS: PRODUCT# HORMEL 39493 11 EACH, CREDITS AS 2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size				
Calories	167 kcal			
Total Fat	5.57 g			
Sodium	1949.03 mg			
Carbs	8.35 mg			

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1418 Student Count: 50

Sliced Bread 2 Each : NutriStudents K-12 Serving Size : 2 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 904587		100 QTY	COOKING METHOD: NO COOK SERVICE: SERVE EACH STUDENT 2 EACH. PRODUCT#:WHOLE GRAIN BREAD SLICE 2 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size				
Calories	167 kcal			
Total Fat	3.33 g			
Sodium	116.67 mg			
Carbs	28.33 mg			

Components		
Meat/Alt:	0	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 3345 Student Count: 50

Mayo PC : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
903889	MAYONNAISE PC - HEINZ - 5317	50 QTY	COOKING METHOD: NO COOK
			SERVICE: 1.SERVE EACH STUDENT 1 EACH.

Nutrients based on 1 Serving Size				
Calories	80 kcal			
Total Fat	9 g			
Sodium	65 mg			
Carbs	0 mg			

Components				
Meat/Alt:	0			
Grains:	0			
Vegetable:	0			
Fruit:	0			
Milk:	0			





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940	SELECTIONE BELOW DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
903940	*ĎŘĒŠŠÍŇĠ ŘĀŇĈĤ ŤAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size					
Calories	19 kcal				
Total Fat	0.88 g				
Sodium	162.58 mg				
Carbs	2.75 mg				

Components				
Meat/Alt:	0			
Grains:	0			
Vegetable:	0			
Fruit:	0			
Milk:	0			





Recipe #: 942 Student Count: 50

Fresh Carrots 1/4 CUP : NutriStudents K-12 Serving Size : 1/4 CUP

Ingredient Name	QTY & Measurement	Cooking Instructions
CARROTS BABY PEELED - GENERIC	12 &1/4 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD: NO COOK HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:GRIMM 15376 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF RED VEGETABLE SUBGROUP
	CARROIS BABY PEELED - GENERIC	

Nutrients based on 1 Serving Size				
Calories	19 kcal			
Total Fat	0 g			
Sodium	23.48 mg			
Carbs	4.27 mg			

Components					
Meat/Alt:	0				
Grains:	0				
Vegetable:	0.25 cup eq.				
Fruit:	0				
Milk:	0				



SFSP MENU	WEEK:1	DAY:2
DATE:		

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe

recipe						
no.	recipe descriptions	portion size	M/MA GRAIN FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE					
001683	NS DELI TURKEY 2M	4 OZ	2			
001467	GRAIN					
003249	NS GRAIN BUN HAMBURGE	1 EACH	2			
001464	SIDE					
003345	NS CONDIMENT MAYO PC	1 EACH				
001472	NS GARNISH LETTUCE SHR	1 TBSP				
001217	VEGETABLES					
000994	VSSC CORN 1/4C = 1/4C	1/4 CUP	1/4			
	VEGETABLE SUB STARCHY		1/4			
000878	FRUIT					
900013	FRUIT - ASSORTED 1/2 CUP	1/2 Cup Equival	1/2			
000879	MILK					
003296	NS MILK SKIM ASSORTED	1 EACH	1			
001300	NS MILK 1% ASSORTED	1 EACH	1			
001381	NS MILK 2%	1 EACH	1			
001382	NS MILK WHOLE	1 EACH	1			



Recipe #: 81212 Student Count: 50

Turkey Bun: NutriStudents K-12 Serving Size: 1 EACH

1893 DELLI TURKEY HAMBURGER BUN 14-0 LP 50 QTY 1893 - DELL TURKEY 1249 - HAMBURGER BUN 1.PLACE THE TURKEY ONTO A WHOLE GRAIN HAMBURGER BUN. 2.SERVE EACH 1 TURKEY BUN.	Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
	Ing # 1683 3249		12.5 LB 50 QTY	SUB RECIPES: 1683 – DELI TURKEY 3249 – HAMBURGER BUN 1.PLACE THE TURKEY ONTO A WHOLE GRAIN HAMBURGER BUN.

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1683 Student Count: 50

Deli Turkey : NutriStudents K-12 Serving Size : 4 OZ

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904535	DELI TURKEY - HORMEL - 32236		COOKING METHOD: NO COOK
			STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 1.SERVE EACH STUDENT 4 OZ EACH.
			CREDITABLE PRODUCTS: PRODUCT# HORMEL 32236 4 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE

	Nutrients based on 1 Serving Size
Calories	121 kcal
Total Fat	3.04 g
Sodium	728.99 mg
Carbs	2.03 mg

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 3249 Student Count: 50

Hamburger Bun: NutriStudents K-12 Serving Size: 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
903995	BUN HAMBURGER - BAKER BOY - 31014		COOKING METHOD: NO COOK
			SERVICE: SERVE EACH STUDENT 1 EACH.
			PRODUCT#:BAKER BOY 31014 1 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

Nutrients l	based on 1 Serving Size
Calories	110 kcal
Total Fat	1.5 g
Sodium	190 mg
Carbs	21 mg

Components		
Meat/Alt:	0	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 3345 Student Count: 50

Mayo PC : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
903889	MAYONNAISE PC - HEINZ - 5317	50 QTY	COOKING METHOD: NO COOK
			SERVICE: 1.SERVE EACH STUDENT 1 EACH.

Nutrients based on 1 Serving Size		
Calories	80 kcal	
Total Fat	9 g	
Sodium	65 mg	
Carbs	0 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe # : 1472 Student Count : 50

Shredded lettuce : NutriStudents K-12 Serving Size : 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 904486	SELECTIONE BELOW *LETTUGE SHREDDED = GENERIC ==	3 6UP + 1 Thsp + 2 Tsp	COOKING METHOD: NO COOK
			STEPS:
			HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK.
			SERVICE: 1.SERVE EACH STUDENT 1 TBSP EACH.

Nutrients based on 1 Serving Size			
Calories	1 kcal		
Total Fat	0 g		
Sodium	0.47 mg		
Carbs	0.14 mg		

Components			
Meat/Alt:	0		
Grains:	0		
Vegetable:	0		
Fruit:	0		
Milk:	0		





Recipe #: 994 Student Count: 50

Canned Corn 1/4 CUP : NutriStudents K-12 Serving Size : 1/4 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
52 904449	*GORN GANNED = GEDAR GSDA - 100313		COOKING METHOD: NO COOK
904441	GONN GANNED - GODA - 100010		NO COOK STEPS: 1.OPEN & DRAIN CANS. 2.ADD CORN INTO PAN. 3.WRAP PAN WITH PLASTIC WRAP. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:MARQUIS 44105-70020 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF STARCHY VEGETABLE SUBGROUP PRODUCT#:USDA 100313 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF STARCHY VEGETABLE SUBGROUP

	Nutrients based on 1 Serving Size
Calories	36 kcal
Total Fat	0.5 g
Sodium	81.25 mg
Carbs	8 mg

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0.25 cup eq.	
Fruit:	0	
Milk:	0	



SFSP	MENU	WEEK:1	DAY:3
DATE	:		

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe	recipe descriptions	portion size	M/MA GRAIN FRUIT VEGETABL	FMIK PLANNED	PREPARED	ADDED OR LEFT OVER
no. 001299	ENTREE	portion size	W/WIA GRAIN FROIT VEGETABLE	E WILK . E	TREFARED	7,5525 011 221 1 0 1211
001299	ENTREE					
001686	NS DELI PASTRAMI 2M	4 OZ	2			
001467	GRAIN					
001418	NS GRAIN BREAD WG 2SLI	2 EACH	2			
001464	SIDE					
003345	NS CONDIMENT MAYO PC	1 EACH				
900263	NS DRESS RANCH	1 TBSP				
001217	VEGETABLES					
000910	VSDF BROCCOLI 1/4C =1/4	1/4 CUP	1/4			
	VEGETABLE SUB DARK GREE		1/4			
000878	FRUIT					
900013	FRUIT - ASSORTED 1/2 CUP	1/2 Cup Equival	1/2			
000879	MILK					
003296	NS MILK SKIM ASSORTED	1 EACH		1		
001300	NS MILK 1% ASSORTED	1 EACH		1		
001381	NS MILK 2%	1 EACH		1		
001382	NS MILK WHOLE	1 EACH		1		



Recipe #: 81213 Student Count: 50

Pastrami Sandwich : NutriStudents K-12 Serving Size : 1 EACH

Nutrients based on 1 Serving Size			
Calories	0 kcal		
Total Fat	0 g		
Sodium	0 mg		
Carbs	0 mg		

Components		
Meat/Alt:	2 oz. eq.	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe # : 1686 Student Count : 50

Deli Pastrami : NutriStudents K-12 Serving Size : 4 OZ

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904754	DELI PASTRAMI - HORMEL - 37725	12.5 LB	COOKING METHOD: NO COOK
			STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 1.SERVE EACH STUDENT 4 OZ EACH.
			CREDITABLE PRODUCTS: PRODUCT# HORMEL 37725 4 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size		
Calories	140 kcal	
Total Fat	8 g	
Sodium	1200 mg	
Carbs	0 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1418 Student Count: 50

Sliced Bread 2 Each : NutriStudents K-12 Serving Size : 2 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 904587		100 QTY	COOKING METHOD: NO COOK SERVICE: SERVE EACH STUDENT 2 EACH. PRODUCT#:WHOLE GRAIN BREAD SLICE 2 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size		
Calories	167 kcal	
Total Fat	3.33 g	
Sodium	116.67 mg	
Carbs	28.33 mg	

Components		
Meat/Alt:	0	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 3345 Student Count: 50

Mayo PC : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
903889	MAYONNAISE PC - HEINZ - 5317	50 QTY	COOKING METHOD: NO COOK
			SERVICE: 1.SERVE EACH STUDENT 1 EACH.

Nutrients based on 1 Serving Size		
Calories	80 kcal	
Total Fat	9 g	
Sodium	65 mg	
Carbs	0 mg	

	Components
Meat/Alt:	0
Grains:	0
Vegetable:	0
Fruit:	0
Milk:	0





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940	SELECTIONE BELOW DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
903940	*ĎŘĒŠŠÍŇĠ ŘĀŇĈĤ ŤAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size		
Calories	19 kcal	
Total Fat	0.88 g	
Sodium	162.58 mg	
Carbs	2.75 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 910 Student Count: 50

Fresh Broccoli 1/4 CUP : NutriStudents K-12 Serving Size :

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904199	*BROCCOLI FLORETTE FRESH = GENERIC ==		COOKING METHOD: NO COOK
			STEPS: 1.CHOP VEGETABLES INTO SMALLER UNITS. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 2.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:TAYLOR 1010006 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP PRODUCT#:TAYLOR 73007 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size				
Calories	11 kcal			
Total Fat	0 g			
Sodium	10.81 mg			
Carbs	1.73 mg			

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0.25 cup eq.	
Fruit:	0	
Milk:	0	

1/4 CUP



SFSP	MENU	WEEK:1	DAY:4
DATE			

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe						
no.	recipe descriptions	portion size	M/MA GRAIN FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE					
001685	NS DELI CHX DICE ASIAN 2	1/2 CUP	2			
001467	GRAIN					
000373	NS GRAIN TORTILLA 9" 2G	1 EACH	2			
001464	SIDE					
900263	NS DRESS RANCH	1 TBSP				
001217	VEGETABLES					
001154	VSOF CUCUMBER 1/4C = 1/	1/4 CUP	1/4			
	VEGETABLE SUB OTHER		1/4			
000878	FRUIT					
900013	FRUIT - ASSORTED 1/2 CUP	1/2 Cup Equival	1/2			
000879	MILK					
003296	NS MILK SKIM ASSORTED	1 EACH	1			
001300	NS MILK 1% ASSORTED	1 EACH	1			
001381	NS MILK 2%	1 EACH	1			
001382	NS MILK WHOLE	1 EACH	1			



Recipe #: 81214 Student Count: 50

Asian Chicken Wrap: NutriStudents K-12 Serving Size: 1 EACH

Ing # Ingredient Name QTY & Measurement Cooking Instructions	
DELI ASIAN CHICKEN 373 WHOLE WHEAT TORTILLA 2.4 & 3.7 CUP + 1 TOSp + 2 TSp 50 QTY SUB RECIPES: 1885 – DELI ASIAN CHICKEN 373 – WHOLE WHEAT TORTILLA 1.MIX CHICKEN AS SHOWN IN RECIPE 1685, SCOOP CHICKEN ONTO THE TORTILLA CREATE THE WRAP. 2. SERVE EACH 1 ASIAN CHICKEN WRAP.	AAND

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1685 Student Count: 50

A<u>sian Chicken : NutriStudents K-12</u>
Serving Size : 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
S2 904 24 2	*EHICKEN DICED = TISDAN USDA 2-1886101	5.75 LB 5 LB	COOKING METHOD: NO COOK
903947	SAUCE		
903954	*DRESSING SESAME ORIENTAL - CLASSIC GOURMET - 17700	1 &3/4 CUP + 1 Tbsp + 2 Tsp	STEPS:
903887	MAYONNAISE LIGHT BULK - KRAFT - 10021000643018	1 &3/4 CUP + 1 Tbsp + 2 Tsp	1.I N A LARGE BOWL MIX THE THAWED CHICKEN, MAYO, DRESSING & VEGETABLES UNTIL
904199	CABBAGE GREEN SHREDDED - GENERIC	4 &3/4 CUP + 1 Tbsp + 2 Tsp	
S3	SELECT ONE BELOW	5 &3/4 CUP + 1 Tbsp + 2 Tsp	WELL BLENDED.
904554	*PEA GREEN FROZEN - MARQUIS - 30601		

5 &3/4 CUP + 1 Tbsp + 2 Tsp

HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.

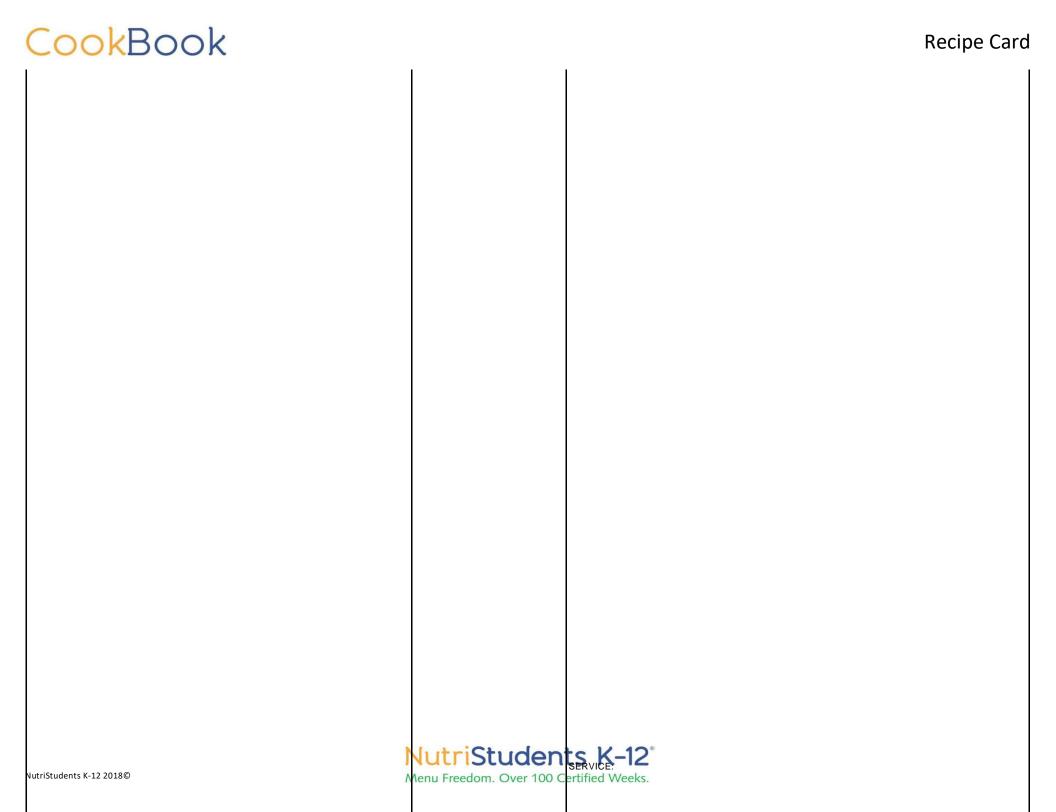
904443

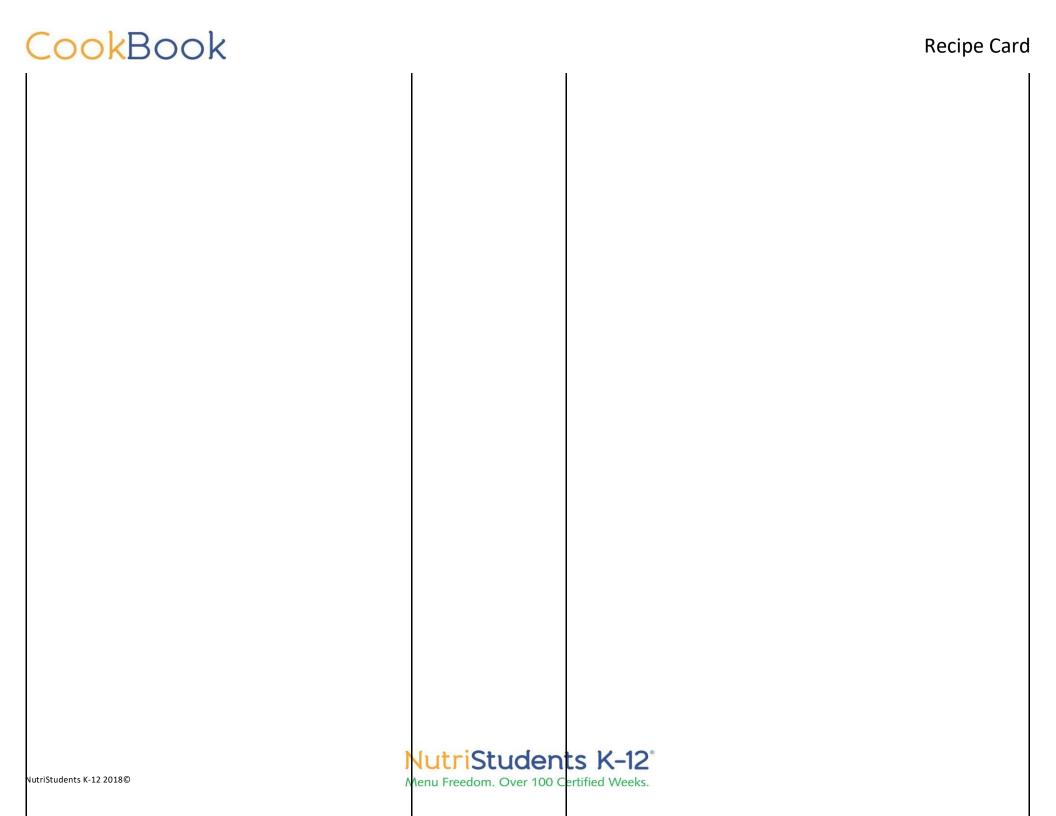
*PEA GREEN FROZEN - USDA - 100350

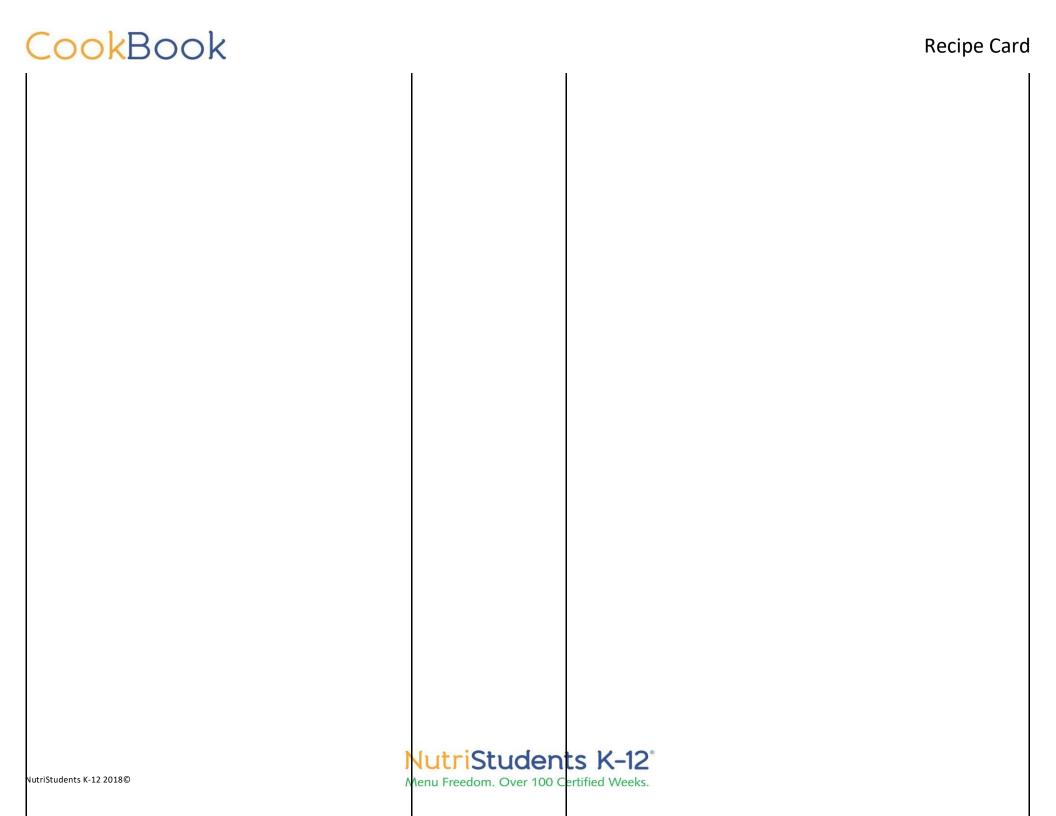


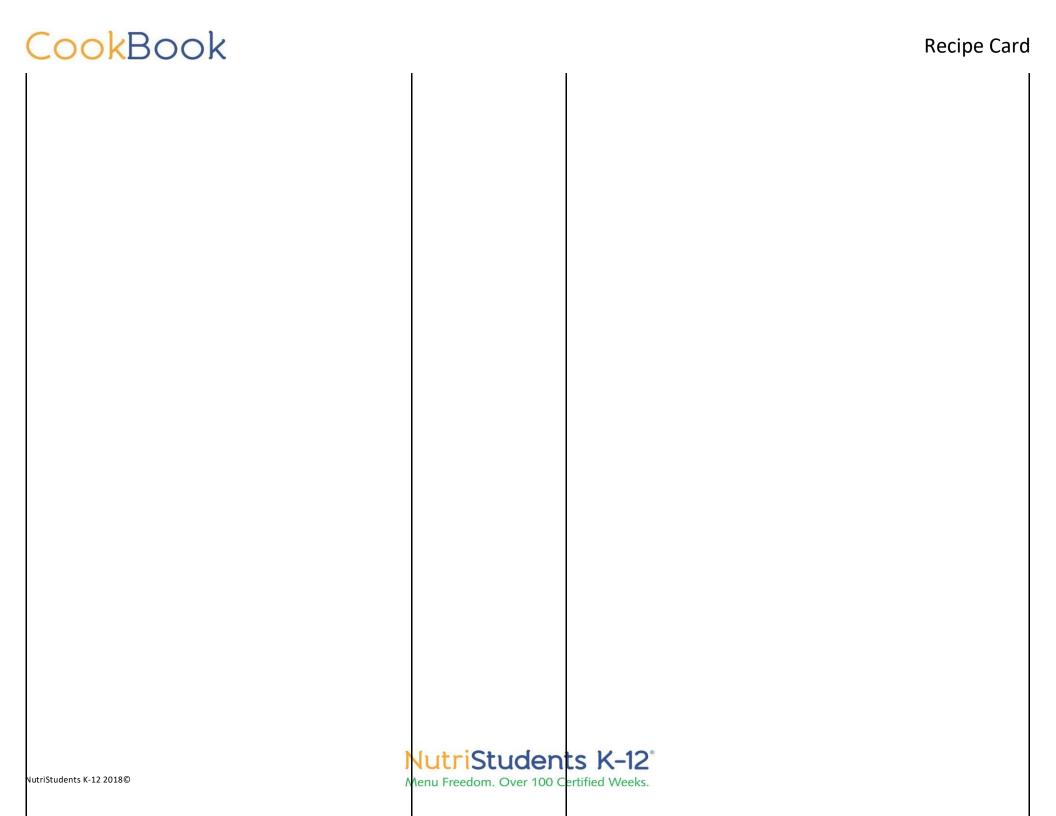
904483 *PEA GREEN FROZEN - USDA - 10071179034377

5 &3/4 CUP + 1 Tbsp + 2 Tsp

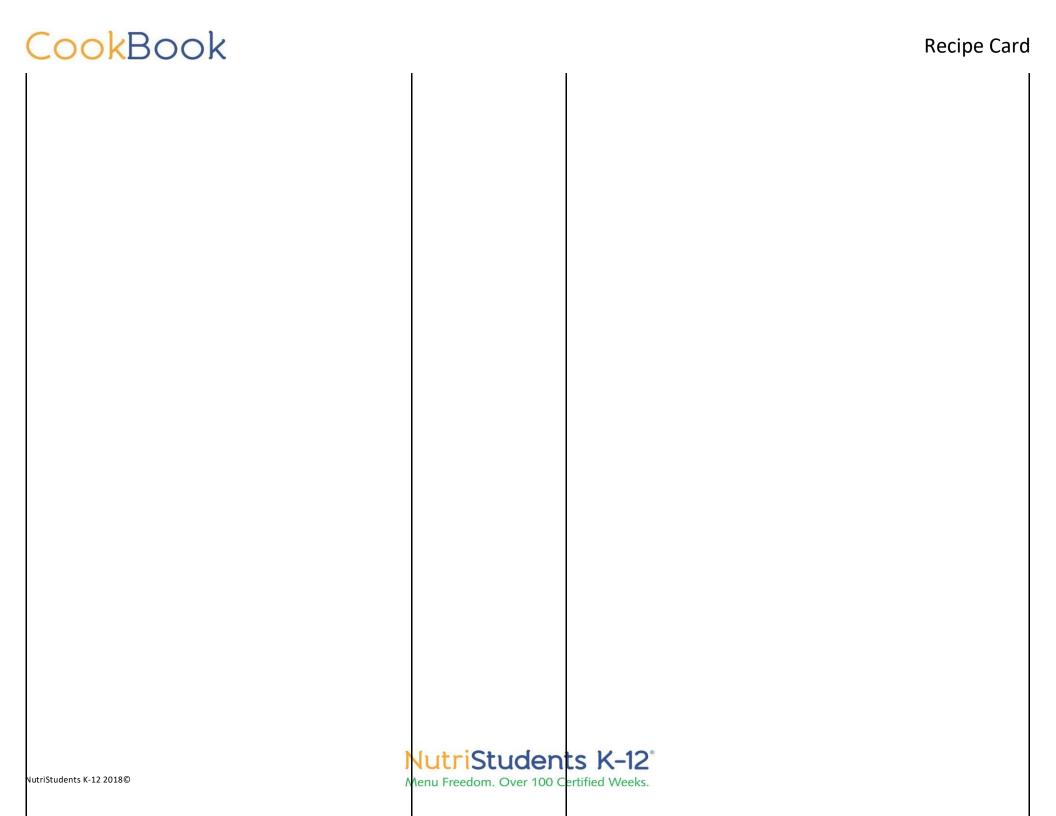


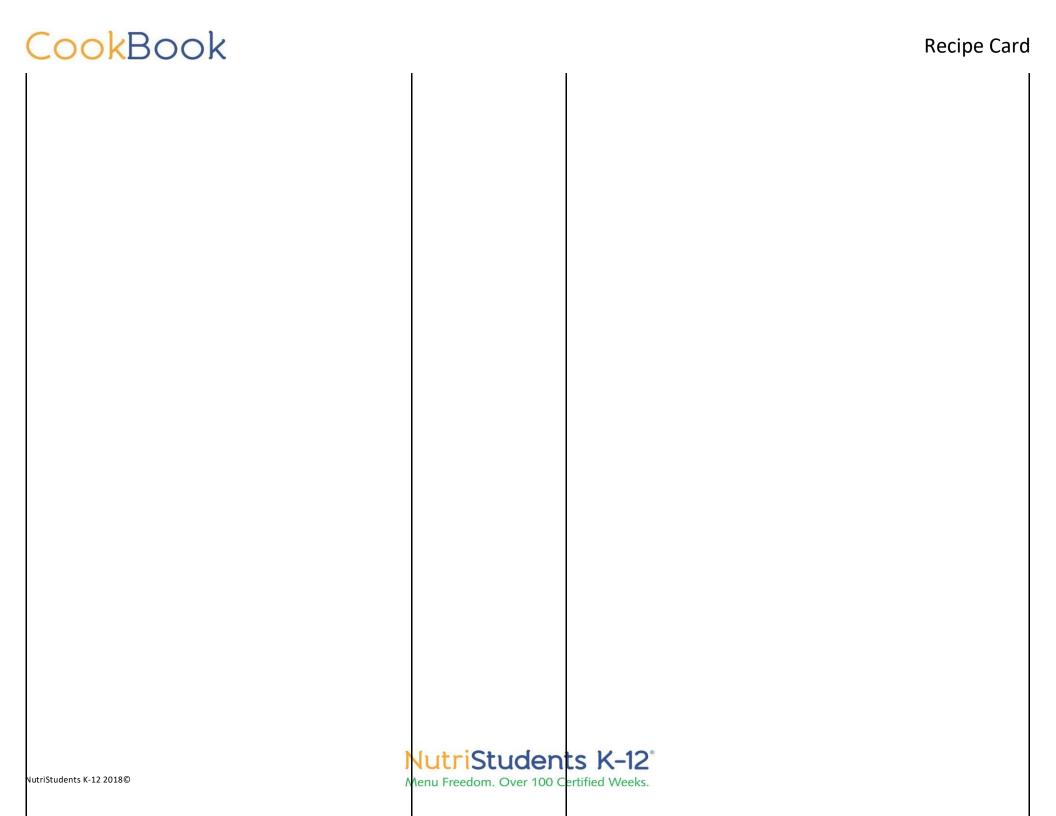






CookBook	Recipe Card
	2.3 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE







	Nutrients based on 1 Serving Size
Calories	153 kcal
Total Fat	8.12 g
Sodium	226.4 mg
Carbs	7.22 mg

Components		
Meat/Alt: 2 oz. eq.		
Grains: 0		
Vegetable:	0	
Fruit:	0	
Milk:	0	



Recipe #: 373 Student Count: 50

Whole Wheat Tortilla : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 903999	Ingredient Name TORTILLA 9" WHOLE WHEAT - CATALLIA - 40029	QTY & Measurement 50 QTY	COOKING METHOD: NO COOK SERVICE: 1.SERVE EACH STUDENT 1 EACH. CREDITABLE PRODUCTS: PRODUCT#:CATALLIA 40029 1 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size		
Calories	150 kcal	
Total Fat 3.5 g		
Sodium	210 mg	
Carbs	25 mg	

Components		
Meat/Alt:	0	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940	SELECTIONE BELOW DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
903940	*ĎŘĒŠŠÍŇĠ ŘĀŇĈĤ ŤAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size		
Calories	19 kcal	
Total Fat	0.88 g	
Sodium	162.58 mg	
Carbs	2.75 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1154 Student Count: 50

Fresh Cucumber 1/4 CUP : NutriStudents K-12 Serving Size : 1/4 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 904274	Ingredient Name CUCUMBERS FRESH - GENERIC		COOKING METHOD: NO COOK STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH.
			CREDITABLE PRODUCTS: PRODUCT#:FRESH CUCUMBERS 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF OTHER VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size		
Calories	4 kcal	
Total Fat	0 g	
Sodium	0.49 mg	
Carbs	0.98 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0.25 cup eq.	
Fruit:	0	
Milk:	0	



SFSP	MENU	WEEK:1	DAY:5
DATE			

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe

recipe descriptions	portion size	M/MA	GRAIN	FRUIT V	EGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
ENTREE								
NS DELI CHX DICE CRAISIN	1/2 CUP	2						
GRAIN								
NS GRAIN TORTILLA 9" 2G	1 EACH		2					
SIDE								
NS DRESS RANCH	1 TBSP							
VEGETABLES								
VSDF ROMAINE 1/2C = 1/4C	1/2 CUP				1/4			<u> </u>
VEGETABLE SUB DARK GREE					1/4			
FRUIT								
FRUIT - ASSORTED 1/2 CUP	1/2 Cup Equival			1/2				
MILK								
NS MILK SKIM ASSORTED	1 EACH				1			
NS MILK 1% ASSORTED	1 EACH				1			
NS MILK 2%	1 EACH				1			
NS MILK WHOLE	1 EACH				1			
	ENTREE NS DELI CHX DICE CRAISIN GRAIN NS GRAIN TORTILLA 9" 2G SIDE NS DRESS RANCH VEGETABLES VSDF ROMAINE 1/2C = 1/4C VEGETABLE SUB DARK GREE FRUIT FRUIT - ASSORTED 1/2 CUP MILK NS MILK SKIM ASSORTED NS MILK 1% ASSORTED	NS DELI CHX DICE CRAISIN 1/2 CUP GRAIN	NS DELI CHX DICE CRAISIN 1/2 CUP 2 GRAIN	NS DELI CHX DICE CRAISIN 1/2 CUP 2 GRAIN	NS DELI CHX DICE CRAISIN 1/2 CUP 2 GRAIN	NS DELI CHX DICE CRAISIN 1/2 CUP 2	NS DELI CHX DICE CRAISIN 1/2 CUP 2	NS DELI CHX DICE CRAISIN 1/2 CUP 2



Recipe #: 81215 Student Count: 50

<u>Craisin Chicken Wrap : NutriStudents K-12</u>
Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 1684 373		24 &3/4 CUP + 1 lbsp + 2 lsp 50 QTY	SUB RECIPES: 1684 – DELI CRAISIN CHICKEN 373 – WHOLE WHEAT TORTILLA 1.MIX CHICKEN AS SHOWN IN RECIPE 1684, SCOOP CHICKEN ONTO THE TORTILLA AND CREATE THE WRAP. 2. SERVE EACH 1 CRAISIN CHICKEN WRAP.
		I	

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe # : 1684 Student Count : 50

Chicken Craisin: NutriStudents K-12 Serving Size: 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
52 904242	*EHIEKEN BIEED = USBAN USBA 2-988101	5.75 LB 5 LB	COOKING METHOD: NO COOK
••••	ALICEROLUPITATION TO THE STATE OF THE STATE O	1 40, 100, 11, 100, 12, 100	OTET G.
		1 83/4 CUP + 1 TBSP + 2 TSP	
		***OP	1.1 IN A LANGE BOWE WILK THE THAWED CHICKEN, WATO, CHAISING, OFFICES & DICESSING CINTLE WELL BLENDED.
904112	CURRY POWDER - GENERIC	1 lbsp	WELL BELINDED.
			HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE:
			1.SERVE EACH STUDENT ½ OF A CUP OF CHICKEN.
			CREDITABLE PRODUCTS:
			PRODUCT# TYSON 46012-928 2.3 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE
			PRODUCT# USDA 100101
			2 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size			
Calories	154 kcal		
Total Fat	9.07 g		
Sodium	221.85 mg		
Carbs	5.64 mg		

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 373 Student Count: 50

Whole Wheat Tortilla : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 903999	Ingredient Name TORTILLA 9" WHOLE WHEAT - CATALLIA - 40029	QTY & Measurement 50 QTY	COOKING METHOD: NO COOK SERVICE: 1.SERVE EACH STUDENT 1 EACH. CREDITABLE PRODUCTS: PRODUCT#:CATALLIA 40029 1 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size		
Calories	150 kcal	
Total Fat	3.5 g	
Sodium	210 mg	
Carbs	25 mg	

Components		
Meat/Alt:	0	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940	SELECTIONE BELOW DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
903940	*ĎŘĒŠŠÍŇĠ ŘĀŇĈĤ ŤAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size			
Calories	19 kcal		
Total Fat	0.88 g		
Sodium	162.58 mg		
Carbs	2.75 mg		

Components			
Meat/Alt:	0		
Grains:	0		
Vegetable:	0		
Fruit:	0		
Milk:	0		





Recipe #: 925 Student Count: 50

Fresh Romaine 1/2 CUP: NutriStudents K-12

Serving Size : 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
S2 904275	*ROMAINE CHOPPED - GENERIC		COOKING METHOD: NO COOK
			STEPS: 1.CHOP VEGETABLES INTO SMALLER UNITS. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 2.SERVE EACH STUDENT A ½ OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:TAYLOR 14808 1/2 CUP EACH, CREDITS AS 1/4 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP PRODUCT#:TAYLOR 1060003 1/2 CUP EACH, CREDITS AS 1/4 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size				
Calories	3 kcal			
Total Fat	0 g			
Sodium	1.55 mg			
Carbs	0.64 mg			

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0.25 cup eq.	
Fruit:	0	
Milk:	0	



NutriStudents K-12°

Menu Freedom. Over 100 Certified Weeks.

USDA Nutritional Requirements Compliance Certification

I, Jeanne Hopkins, as NutriStudents K-12® registered dietitian, hereby attest that all NutriStudents K-12® menus have been analyzed through USDA-certified nutrient analysis software and are in full compliance with the USDA meal pattern requirements established under the Healthy Hunger Free Kids Act (HHFKA) as updated for School Year 2020-2021.

Jeanne Hopkins, RD