DAIRY FARM	FAMILIES	SFSP	MENU	WEEK:4	DAY:1
DATE:					

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe										
no.	recipe descriptions	portion size	M/MA	GRAIN	FRUIT	VEGETABLE	MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:								
003364	NS BEEF GROUND NACHO	R: 1/2 CUP	2							
001371	NS CHZ SHRED CHD .5ozwt	R: 1/8 CUP	1/2							
001467	GRAIN	R:								
001473	NS GRAIN CHIP TORTILLA	R: 1 EACH		1						
001464	SIDE	R:								
003320	NS GARNISH CILANTRO FR	R: 1 TSP								
900063	NS CONDIMENT SAUCE TA	R: 1 EACH								
001217	VEGETABLES	R:								
000994	VSSC CORN 1/4C = 1/4C	R: 1/4 CUP				1/4				
	VEGETABLE SUB STARCHY					1/4				
000878	FRUIT	R:								
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival			1/2					
000879	MILK	R:								
003296	NS MILK SKIM ASSORTED	R: 1 EACH				1				
001300	NS MILK 1% ASSORTED	R: 1 EACH				1				
001381	NS MILK 2%	R: 1 EACH				1				
001382	NS MILK WHOLE	R: 1 EACH				1				



Recipe #: 912232 Student Count: 50

Walking Beef Taco : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
3364 1 473	SHREDDED CHEDDAR TORTILLA CHIPS 1G		SUB RECIPES: 3364 – BEEF NACHOS
			1371 – SHREDDED CHEDDAR 1473 – TORTILLA CHIPS 1G 1.COOK THE BEEF TACO MEAT AS SHOWN IN RECIPE #3364. 2.PLACE THE BEEF TACO MEAT INTO THE BAG OF WHOLE GRAIN TORTILLA CHIPS AND SPRINKLE CHEESE OVER THE TOP.
			3.SERVE EACH 1 WALKING BEEF TACO.

	Nutrients based on 1 Serving Size
Calories	321 kcal
Total Fat	16.44 g
Sodium	590.64 mg
Carbs	26.61 mg

Components		
Meat/Alt:	2.5 oz. eq.	
Grains:	1 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 3364 Student Count: 50

B<u>eef Nachos : NutriStudents K-12</u> Serving Size : 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
52 9040 3 7	SELECT ONE BELOW *BEEF GRUMBLE = 08MANQESDERRED1\$437	₹. ½ ₿ LB	COOKING METHOD: STANDARD OVEN:4" DEEP FULL HOTEL PAN
JE	ATABALLEUT.REARILLT		STEPS:
994999	*SAUCE SPAGHETTI = USDX-C1008036	[6 & 1/8 CUP + 1 TBSP + 2 TSP	1. OPEN CANS.
904394	SEMSONFACTACOCERWRFB-12450080110	4/8 EUP + 1 blspsp 2 7 slpsp	2. SAUTEE ONIONS IN A SAUCE PAN TO BRING OUT THEIR FLAVOR.
994143	BAREKOVOKÁKONÁTEBK GENERICHILL FAKMS - V402-JA190	12 T96p + 2 Isp	3. PLACE THAWED BEEF INTO THE PAN. 4. ADD ONIONS, SPICES & SAUCE AND MIX WELL.
904128	CHILI POWDER	2 Tsp	5. WRAP PAN WITH PLASTIC WRAP & TINFOIL.
			HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK.
			TEMP:
			IF USING A CONVECTION OVEN, DECREASE TEMP BY 25° to 50°
			6. PREHEAT OVEN TO 325°
			HEAT UNTIL ENTRÉE REACHES 165° OR ABOVE, HOLD ABOVE 135° UNTIL END OF SERVICE.
			SERVICE:
			7.SERVE EACH STUDENT A 1/2 CUP EACH.
			CREDITABLE PRODUCTS:
			PRODUCT#:ADVANCE PIERRE #8837
			2.2 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE PRODUCT#:USDA 100134
			2.3 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size			
Calories	150 kcal		
Total Fat	8.44 g		
Sodium	349.01 mg		
Carbs	6.44 mg		

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1371 Student Count: 50

Shredded Cheddar: NutriStudents K-12 Serving Size: 1/8 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904098	*CHEESE CHEDDAR SHREDDED = BANG ORDEKE 35541749		COOKING METHOD: NO COOK
904061	*CHEESE CHEDDAK SHKEDDED RED FAT - USDA - USDA - 10001		STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/8 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT# BONGARDS 75571 ½ OZ, CREDITS AS 1/2 MEAT/MEAT ALTERNATIVE PRODUCT# LAND O LAKES 41749 ½ OZ, CREDITS AS 1/2 MEAT/MEAT ALTERNATIVE PRODUCT#USDA 100012 ½ OZ, CREDITS AS 1/2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size				
Calories	48 kcal			
Total Fat	3.5 g			
Sodium	96.63 mg			
Carbs	0.5 mg			

Components			
Meat/Alt:	0.5 oz. eq.		
Grains:	0		
Vegetable:	0		
Fruit:	0		
Milk:	0		





Recipe #: 1473 Student Count: 50

Tortilla Chips 1G : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 53 90400 7	SELECT ONE BELOW *6HIP TORTILLA N.2902-CHIESTERSU 1936903191748	50 QTY	COOKING METHOD: NO COOK
904006	*CHIP TORTILLA BAKED SCOOP - FRITO LAY - 4253/	50 Q I Y	SELECT ONE BELOW:(ALL CREDIT AS 1 WHOLE GRAIN RICH EQUIVALENTS) PRODUCT#:DORITOS 31748 PRODUCT#:SHEARER 203630312 PRODUCT#:TOSTITOS 42537

	Nutrients based on 1 Serving Size
Calories	123 kcal
Total Fat	4.5 g
Sodium	145 mg
Carbs	19.67 mg

Components		
Meat/Alt:	0	
Grains:	1 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 3320 Student Count: 50

Fresh Chopped Cilantro: NutriStudents K-12 Serving Size: 1 TSP

OOKING METHOD: NO COOK STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. 1.CHOP THE CILANTRO. SERVICE: 2.SERVE EACH STUDENT 1 TSP EACH.	Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
	Ing # 904378			COOKING METHOD: NO COOK STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. 1.CHOP THE CILANTRO. SERVICE:

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0.2 mg	
Carbs	0.02 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 900063 Student Count: 50

Taco Sauce : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903936	SELECTIONE BELOW *SAUCE TACO = 유트RAZU덕명00050224000	50 QT¥	COOKING METHOD: NO COOK
			SERVICE: 1.SERVE EACH STUDENT 1 EACH.

Nutrients based on 1 Serving Size		
Calories	3 kcal	
Total Fat	0 g	
Sodium	85 mg	
Carbs	0.5 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 994 Student Count: 100

Canned Corn 1/4 CUP : NutriStudents K-12 Serving Size : 1/4 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
52 904449	*GORN GANNED = GEDAR GSDA - 100313		COOKING METHOD: NO COOK
			STEPS: 1.0PEN & DRAIN CANS. 2.ADD CORN INTO PAN. 3.WRAP PAN WITH PLASTIC WRAP. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:MARQUIS 44105-70020 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF STARCHY VEGETABLE SUBGROUP PRODUCT#:USDA 100313 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF STARCHY VEGETABLE SUBGROUP

1	Nutrients based on 1 Serving Size
Calories	36 kcal
Total Fat	0.5 g
Sodium	81.25 mg
Carbs	8 mg

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0.25 cup eq.	
Fruit:	0	
Milk:	0	



DAIRY	FARM	FAMILIES	SFSP	MENU	WEEK:4	DAY:2
DATE:						

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe no.	recipe descriptions	portion size	MMA CDAIN	FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
_			W/WA GRAIN	FROIT VEGETABLE WILK		TREFARED	7.5525 61. 22. 1 612.1
001299	ENTREE	R:					
000391	NS CHZ SHRED MOZZ 2ozwt	R: 1/2 CUP	2				
001467	GRAIN	R:					
000779	NS PASTA SPAGHETTI 1G	R: 1/2 CUP	1				
001464	SIDE	R:					
900263	NS DRESS RANCH	R: 1 TBSP					
001217	VEGETABLES	R:					
000925	VSDF ROMAINE 1/2C = 1/4C	R: 1/2 CUP		1/4		1	
	VEGETABLE SUB DARK GREE			1/4			
000878	FRUIT	R:					
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival		1/2			
000879	MILK	R:					
003296	NS MILK SKIM ASSORTED	R: 1 EACH		1			
001300	NS MILK 1% ASSORTED	R: 1 EACH		1			
001381	NS MILK 2%	R: 1 EACH		1			
001382	NS MILK WHOLE	R: 1 EACH		1			



Recipe #: 912262 Student Count: 50

Cheesy Spaghetti : NutriStudents K-12 Serving Size : 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 391 779		24 &3/4 CUP + 1 1DSP + 2 1SP 24 &3/4 CUP + 1 TbSP + 2 TSP	SUB RECIPES: 391 – SHREDDED MOZZARELLA 779 – SPAGHETTI NOODLES 1/2 CUP 1.COOK THE PASTA AS SHOWN IN RECIPE #779. 2.SPRINKLE CHEESE OVER THE TOP OF HEATED PASTA. 3.SERVE EACH ½ OF A CUP OF CHEESY SPAGHETTI.

Nutrients based on 1 Serving Size			
Calories	275 kcal		
Total Fat	14.28 g		
Sodium	342.08 mg		
Carbs	21.83 mg		

Components		
Meat/Alt:	2 oz. eq.	
Grains:	1 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 391 Student Count: 50

Shredded Mozzarella : NutriStudents K-12 Serving Size : 1/2 CUP

QTY & Measurement	Cooking Instructions
	COOKING METHOD: NO COOK
	STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/2 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT# FOREMOST 10000995 1/2 OF A CUP, CREDITS AS 2 MEAT/MEAT ALTERNATIVE PRODUCT#USDA 100021 1/2 OF A CUP, CREDITS AS 2 MEAT/MEAT ALTERNATIVE
	25 LB

Nutrie	nts based on 1 Serving Size
Calories	180 kcal
Total Fat	14 g
Sodium	340 mg
Carbs	2 mg

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 779 Student Count: 50

Spaghetti Noodles 1/2 CUP : NutriStudents K-12 Serving Size : 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
S2 904049	SELECTIONE BELOW *NOODLE SPAGHETTI WHOLE WHEAT : USROA USRO - 100427		COOKING METHOD: STOVE TOP:
			STEPS: 1.BRING WATER TO A ROLLING BOIL. 2.FULLY SUBMERGE NOODLES IN WATER. 3.HEAT UNTIL THE NOODLES ARE AL DENTE. 4.DRAIN WATER & PLACE INTO PAN. 5.WRAP PAN WITH PLASTIC WRAP. SERVICE: 6.SERVE EACH STUDENT A 1/2 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT# USDA 100427 10Z, CREDITS AS 1 WHOLE GRAIN RICH EQUIVALENTS PRODUCT# ZERGA 8030-000 1 OZ, CREDITS AS 1 WHOLE GRAIN RICH EQUIVALENTS

	Nutrients based on 1 Serving Size
Calories	95 kcal
Total Fat	0.28 g
Sodium	2.08 mg
Carbs	19.83 mg

Components		
Meat/Alt:	0	
Grains:	1 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940	SELECTIONE BELOW DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
903940	*ĎŘĒŠŠÍŇĠ ŘĀŇĈĤ ŤAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size				
Calories	19 kcal			
Total Fat	0.88 g			
Sodium	162.58 mg			
Carbs	2.75 mg			

Components			
Meat/Alt:	0		
Grains:	0		
Vegetable:	0		
Fruit:	0		
Milk:	0		





Recipe #: 925 Student Count: 50

Fresh Romaine 1/2 CUP: NutriStudents K-12

Serving Size : 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
52 904276	SELECT ONE BELOW *ROMAINE CHOPPED = GENERIC ==		COOKING METHOD: NO COOK
			STEPS: 1.CHOP VEGETABLES INTO SMALLER UNITS. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 2.SERVE EACH STUDENT A ½ OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:TAYLOR 14808 1/2 CUP EACH, CREDITS AS 1/4 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP PRODUCT#:TAYLOR 1060003 1/2 CUP EACH, CREDITS AS 1/4 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size				
Calories	3 kcal			
Total Fat	0 g			
Sodium	1.55 mg			
Carbs	0.64 mg			

Components				
Meat/Alt:	0			
Grains:	0			
Vegetable:	0.25 cup eq.			
Fruit:	0			
Milk:	0			



DAIRY	FARM	FAMILIES	SFSP	MENU	WEEK:4	DAY:3
DATE:						

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe

recipe				DI ANNED	DDED4.DED	ADDED OD LEET OVED
			M/MA GRAIN FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:				
001417	NS EGG OMELET QUESO 2	R: 1 EACH	2			
001467	GRAIN	R:				
001255	NS GRAIN ROLL DINNER 1G	R: 1 EACH	1			
001217	VEGETABLES	R:				
001032	VSLC BEAN BAKE 1/4C = 1/	R: 1/4 CUP	1/4			
	VEGETABLE SUB LEGUMES		1/4			
000878	FRUIT	R:				
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival	1/2			
000879	MILK	R:				
003296	NS MILK SKIM ASSORTED	R: 1 EACH	1			
001300	NS MILK 1% ASSORTED	R: 1 EACH	1			
001381	NS MILK 2%	R: 1 EACH	1			
001382	NS MILK WHOLE	R: 1 EACH	1			



Recipe #: 81250 Student Count: 50

Queso Omelet: NutriStudents K-12 Serving Size: 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
1417	QUESO EGG OMELET		SUB RECIPES: 1417 – QUESO EGG OMELET
			1. COOK THE OMELET AS SHOWN IN RECIPE #1417.
			2. SERVE EACH 1 QUESO OMELET.

Nutrients based on 1 Serving Size				
Calories	158 kcal			
Total Fat	12.16 g			
Sodium	403.91 mg			
Carbs	0.48 mg			

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1417 Student Count: 50

Queso Egg Omelet: NutriStudents K-12 Serving Size: 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions				
904358 904403	EGG OMELET COLBY CHEESE - MICHAEL FOODS - 46025 SAUCE QUESO BLANCO - JTM - 5718	50 Q I Y 1.5 LB	COOKING METHOD: STANDARD OVEN:4" DEEP FULL HOTEL PAN				
			STEPS: 1.PLACE THAWED OMELET INTO OR ONTO THE PAN/SHEETPAN. 2.WRAP PAN WITH PLASTIC WRAP & TINFOIL.				
			HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK.				
			TEMP: *IF USING A CONVECTION OVEN, DECREASE TEMP BY 25° to 50°*				
			3.PREHEAT OVEN TO 325°				
			HEAT UNTIL ENTRÉE REACHES 165° OR ABOVE, HOLD ABOVE 135° UNTIL END OF SERVICE.				
			HEAT CHEESE SAUCE AND POUR EVENLY OVER THE COOKED OMELETS				
			SERVICE: 4.SERVE EACH STUDENT 1 EACH.				
			CREDITABLE PRODUCTS: PRODUCT#:PAPETTI'S 46025-85137 1EACH, CREDITS AS 2 MEAT/MEAT ALTERNATIVE				

Nutrients based on 1 Serving Size						
Calories	158 kcal					
Total Fat	12.16 g					
Sodium	403.91 mg					
Carbs	0.48 mg					

Components					
Meat/Alt:	2 oz. eq.				
Grains:	0				
Vegetable:	0				
Fruit:	0				
Milk:	0				





Recipe #: 1255 Student Count: 50

Dinner Roll : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
903996	DINNER ROLL - BAKER BOY - 31142		COOKING METHOD: NO COOK
			SERVICE: 1.SERVE EACH STUDENT 1 EACH.
			CREDITABLE PRODUCTS: PRODUCT# BAKER BOY 31142 1 OZ, CREDITS AS 1 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size							
Calories	100 kcal						
Total Fat	2 g						
Sodium	70 mg						
Carbs	17 mg						

Components						
Meat/Alt:	0					
Grains:	1 oz. eq.					
Vegetable:	0					
Fruit:	0					
Milk:	0					





Recipe #: 1032 Student Count: 50

Canned Baked Bean 1/4 CUP : NutriStudents K-12

Serving Size : 1/4 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
90 4 163	SELECT ONE BELOW *BEAN BAKED GARREDRIANS BANDEDA BUNTABA 1638		COOKING METHOD: NO COOK
994163	*BEAN BAKED CANNEDY USDANUSDA BURU304 1038	12 &1/4 QUP + 1 TBSB + 2 TSB	

Nutrients based on 1 Serving Size							
Calories	62 kcal						
Total Fat	0.5 g						
Sodium	127.5 mg						
Carbs	12.5 mg						

Components						
Meat/Alt:	0					
Grains:	0					
Vegetable:	0.25 cup eq.					
Fruit:	0					
Milk:	0					



DAIRY FARM	FAMILIES	SFSP	MENU	WEEK:4	DAY:4
DATE:					

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe

recipe									
no.	recipe descriptions	portion size	M/MA	GRAIN	FRUIT VI	GETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:							
001420	NS SAND TST GRILLED CHZ	R: 1 EACH	2	2					
001464	SIDE	R:							
001549	NS SOUP TOMATO 1/4 CUP	R: 1/4 CUP							
001217	VEGETABLES	R:							
001114	VSOC BEAN GRN 1/4C = 1/4	R: 1/4 CUP				1/4			
	VEGETABLE SUB OTHER					1/4			
000497	OR	R:							
001109	VSOZ BEAN GRN 1/4C = 1/4	R: 1/4 CUP				1/4		1	
	VEGETABLE SUB OTHER					1/4			
000878	FRUIT	R:							
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival			1/2				
000879	MILK	R:							
003296	NS MILK SKIM ASSORTED	R: 1 EACH				1			
001300	NS MILK 1% ASSORTED	R: 1 EACH				1			
001381	NS MILK 2%	R: 1 EACH				1			
001382	NS MILK WHOLE	R: 1 EACH				1			



Recipe #: 812246 Student Count: 50

Grilled Cheese Sandwich and Tomato Soup: NutriStudents K-12 Serving Size: 1 EACH & 1/2 CUP

Nutrients based on 1 Serving Size		
Calories	429 kcal	
Total Fat	21.32 g	
Sodium	835.31 mg	
Carbs	39.27 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1420 Student Count: 50

Grilled Cheese Sandwich : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904587 9 0 3870	BREAD WHOLE GRAIN SLICE 854EE3E3归5E3 AWERICAN - LAND O' LAKES - 46288	100 QTY 200 QTY	COOKING METHOD: STANDARD OVEN:4" DEEP FULL HOTEL PAN
JJJJ. 1		200 QTY	STEPS:
904590	BUITER BULK - GULD N SWEET - 186/8-GNS		STEPS: 1.BUTTER ONE SIDE OF EACH SLICE OF BREAD. 2.PLACE CHEESE ON UNBUTTERED SIDE OF BREAD AND ADD A SECOND SLICE OF BREAD TO COMPLETE THE SANDWICH. 3.PLACE SANDWICHES FLAT INTO OR ONTO THE PAN/SHEETPAN. 4.WRAP PAN WITH PLASTIC WRAP & TINFOIL. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. TEMP: *IF USING A CONVECTION OVEN, DECREASE TEMP BY 25° to 50°* 5.PREHEAT OVEN TO 325° HEAT UNTIL ENTRÉE REACHES 165° OR ABOVE, HOLD ABOVE 135° UNTIL END OF SERVICE. SERVICE: 6.SERVE EACH STUDENT 1 EACH. CREDITABLE PRODUCTS: PRODUCT# WHOLE GRAIN BREAD 2 EACH, CREDITS AS 1 WHOLE GRAIN RICH EQUIVALENT PRODUCT# LAND O LAKES 46288 4 EACH, CREDITS AS 2 MEAT/MEAT ALTERNATIVE
			PRODUCT# USDA 100018 4 EACH, CREDITS AS 2 MEAT/MEAT ALTERNATIVE PRODUCT# USDA 100036
			4 EACH, CREDITS AS 2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size		
Calories	400 kcal	
Total Fat	21.32 g	
Sodium	696.56 mg	
Carbs	32.33 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1526 Student Count: 50

Tomato Soup 1/2 CUP : NutriStudents K-12 Serving Size : 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904562	SOUP TOMATO - CAMPBELLS - 16	24 &3/4 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD: STOVE TOP STEPS: 1. OPEN CANS. 2. SLOWLY HEAT SOUP AT A LOW TEMPERATURE TO KEEP FROM BURING. SERVICE: 3. SERVE EACH STUDENT A 1/2 OF A CUP EACH.

Nutrients based on 1 Serving Size			
Calories	29 kcal		
Total Fat	0 g		
Sodium	138.75 mg		
Carbs	6.94 mg		

	Components
Meat/Alt:	0
Grains:	0
Vegetable:	0
Fruit:	0
Milk:	0





Recipe #: 1114 Student Count: 50

Canned Green Bean 1/4 CUP : NutriStudents K-12 Serving Size : 1/4 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904186	BEAN GREEN CANNED - USDA - 100307	12 &1/4 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD: STANDARD OVEN:4" DEEP FULL HOTEL PAN STEPS: 1. OPEN AND DRAIN CANS. 2. ADD BEANS TO PAN. 3. WRAP PAN WITH PLASTIC WRAP & TINFOIL. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. TEMP: "IF USING A CONVECTION OVEN, DECREASE TEMP BY 25° to 50°* 4. PREHEAT OVEN TO 325° HEAT UNTIL ENTRÉE REACHES 165° OR ABOVE, HOLD ABOVE 135° UNTIL END OF SERVICE. SERVICE: 2. SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#: USDA 100307 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF OTHER VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size			
Calories	7 kcal		
Total Fat	0 g		
Sodium	64.43 mg		
Carbs	1.38 mg		

	Components
Meat/Alt:	0
Grains:	0
Vegetable:	0.25 cup eq.
Fruit:	0
Milk:	0





Recipe #: 1109 Student Count: 100

Frozen Green Bean 1/4 CUP : NutriStudents K-12 Serving Size :

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
52 9 9418 8	SELECTIONE BELOW *BEAN GREEN FROZEN = SARPA_OUSDA+6200351	184 X3/4 611H + 1 +666 + 8 +66	COOKING METHOD: STANDARD OVEN:4" DEEP FULL HOTEL PAN
			STEPS: 1.ADD THAWED BEANS TO PAN. 2.WRAP PAN WITH PLASTIC WRAP & TINFOIL. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. TEMP: "IF USING A CONVECTION OVEN, DECREASE TEMP BY 25° to 50°* 4.PREHEAT OVEN TO 325° HEAT UNTIL ENTRÉE REACHES 165° OR ABOVE, HOLD ABOVE 135° UNTIL END OF SERVICE. SERVICE: 2.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:SIMPLOT 181620 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF OTHER VEGETABLE SUBGROUP PRODUCT#:USDA 181620 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF OTHER VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size				
Calories	14 kcal			
Total Fat	0.25 g			
Sodium	0.25 mg			
Carbs	2.25 mg			

Components			
Meat/Alt:	0		
Grains:	0		
Vegetable:	0.25 cup eq.		
Fruit:	0		
Milk:	0		

1/4 CUP



DAIRY	FARM	FAMILIES	SFSP	MENU	WEEK:4	DAY:5
DATE:						

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe

recipe								
no.	recipe descriptions	portion size	M/MA GR	AIN FR	UIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:						
001231	NS SAUCE CHZ CUP 2M	R: 1 CUP	2					
001467	GRAIN	R:						
001398	NS GRAIN PRETZEL SOFT 2	R: 2 EACH		2				
001464	SIDE	R:						
900263	NS DRESS RANCH	R: 1 TBSP						
001217	VEGETABLES	R:						
000942	VSRF CARROT 1/4C = 1/4C	R: 1/4 CUP			1/4			
	VEGETABLE SUB RED/ORANG				1/4			
000878	FRUIT	R:						
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival			1/2			
000879	MILK	R:						
003296	NS MILK SKIM ASSORTED	R: 1 EACH			1			
001300	NS MILK 1% ASSORTED	R: 1 EACH			1			
001381	NS MILK 2%	R: 1 EACH			1			
001382	NS MILK WHOLE	R: 1 EACH			1			
							1	



Recipe # : 812236 Student Count : 50

Soft Pretzel with Cheese : NutriStudents K-12 Serving Size : 2 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 1398 1231		1100 Q1 Y 49 &3/4 CUP + 1 Tbsp + 2 Tsp	SUB RECIPES: 1398 – SOFT PRETZEL 1231 – CHEESE SAUCE 1.COOK THE PRETZEL AS SHOWN IN RECIPE #1398. 2.SERVE PRETZEL WITH HEATED CHEESE SAUCE ON THE SIDE. 3.SERVE EACH 2 SOFT PRETZELS WITH CHEESE.
		1	

Nutrients based on 1 Serving Size				
Calories	377 kcal			
Total Fat	18.58 g			
Sodium	1035.49 mg			
Carbs	32.4 mg			

Components				
Meat/Alt:	2 oz. eq.			
Grains:	2 oz. eq.			
Vegetable:	0			
Fruit:	0			
Milk:	0			





Recipe #: 1231 Student Count: 50

Cheese Sauce : NutriStudents K-12 Serving Size : CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 904393	Ingredient Name SAUCE CHEESE CHEDDAR - JTM - 5705	QTY & Measurement 12.5 LB	COOKING METHOD: STANDARD OVEN:4" DEEP FULL HOTEL PAN STEPS: 1. PLACE THAWED SAUCE INTO THE PAN. 2. WRAP PAN WITH PLASTIC WRAP & TINFOIL. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. TEMP: "IF USING A CONVECTION OVEN, DECREASE TEMP BY 25° to 50°* 3. PREHEAT OVEN TO 325° HEAT UNTIL ENTRÉE REACHES 165° OR ABOVE, HOLD ABOVE 135° UNTIL END OF SERVICE. SERVICE: 4. SERVE EACH STUDENT A CUP EACH. CREDITABLE PRODUCTS: PRODUCT# JTM 5705 3.64 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size				
Calories	237 kcal			
Total Fat	17.58 g			
Sodium	905.49 mg			
Carbs	4.4 mg			

Co	omponents
Meat/Alt:	0
Grains:	2 oz. eq.
Vegetable:	0
Fruit:	0
Milk:	0





Recipe #: 1398 Student Count: 50

Soft Pretzel: NutriStudents K-12 Serving Size: 2 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904560	PRETZEL SOFT - SUPER PRETZEL - 30113	100 QTY	COOKING METHOD: STANDARD OVEN:4" DEEP FULL HOTEL PAN STANDARD OVEN:SHEET PAN STEPS: 1. PLACE THAWED PRETZEL INTO OR ONTO THE PAN/SHEETPAN. 2. WRAP PAN WITH PLASTIC WRAP & TINFOIL. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. TEMP: "IF USING A CONVECTION OVEN, DECREASE TEMP BY 25° to 50°* 3. PREHEAT OVEN TO 325° HEAT UNTIL ENTRÉE REACHES 165° OR ABOVE, HOLD ABOVE 135° UNTIL END OF SERVICE. SERVICE: 4. SERVE EACH STUDENT 1 EACH. CREDITABLE PRODUCTS: PRODUCT# SUPERPRETZEL 3010 1 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size		
Calories	140 kcal	
Total Fat	1 g	
Sodium	130 mg	
Carbs	28 mg	

Components		
Meat/Alt:	0	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940	SELECTIONE BELOW DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
903940	*ĎŘĒŠŠÍŇĠ ŘĀŇĈĤ ŤAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size		
Calories	19 kcal	
Total Fat	0.88 g	
Sodium	162.58 mg	
Carbs	2.75 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 942 Student Count: 100

Fresh Carrots 1/4 CUP : NutriStudents K-12 Serving Size : 1/4 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904213	CARROTS BABY PEELED - GENERIC	24 &3/4 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD: NO COOK HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:GRIMM 15376 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF RED VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size		
Calories	19 kcal	
Total Fat	0 g	
Sodium	23.48 mg	
Carbs	4.27 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0.25 cup eq.	
Fruit:	0	
Milk:	0	



NutriStudents K-12°

Menu Freedom. Over 100 Certified Weeks.

USDA Nutritional Requirements Compliance Certification

I, Jeanne Hopkins, as NutriStudents K-12® registered dietitian, hereby attest that all NutriStudents K-12® menus have been analyzed through USDA-certified nutrient analysis software and are in full compliance with the USDA meal pattern requirements established under the Healthy Hunger Free Kids Act (HHFKA) as updated for School Year 2020-2021.

Jeanne Hopkins, RD