DAIRY	FARM	FAMILIES	S SFSF	MENU	WEEK:2	DAY:1
DATE:						

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

no.	recipe descriptions	portion size	M/MA GRAIN FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:				
001693	NS DELI CHX DICE GREEK	R: 1/2 CUP	2			
001467	GRAIN	R:				
000373	NS GRAIN TORTILLA 9" 2G	R: 1 EACH	2			
001464	SIDE	R:				
900263	NS DRESS RANCH	R: 1 TBSP				
001217	VEGETABLES	R:				
001154	VSOF CUCUMBER 1/4C = 1/	R: 1/4 CUP	1/4			
	VEGETABLE SUB OTHER		1/4			
000878	FRUIT	R:				
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival	1/2			
000879	MILK	R:				
001300	NS MILK 1% ASSORTED	R: 1 EACH	1			
001381	NS MILK 2%	R: 1 EACH	1			
003296	NS MILK SKIM ASSORTED	R: 1 EACH	1			
001382	NS MILK WHOLE	R: 1 EACH	1			



Recipe #: 81216 Student Count: 50

Greek Chicken Wrap: NutriStudents K-12 Serving Size: 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 1693 373	DELI GREEK CHICKEN WHOLE WHEAT TORTILLA	24 &3/4 CUP + 1 IDSP + 2 ISP 50 QTY	Cooking Instructions SUB RECIPES: 1693- DELI GREEK CHICKEN 373 - WHOLE WHEAT TORTILLA 1.MIX CHICKEN AS SHOWN IN RECIPE 1693, SCOOP CHICKEN ONTO THE TORTILLA AND CREATE THE WRAP. 2.SERVE EACH 1 GREEK CHICKEN WRAP.

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1693 Student Count: 50

Greek Chicken: NutriStudents K-12 Serving Size: 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
994 242	SELECT ONE BELOW *EHIEKEN BIEEB : TISBAN USBA 2-988101	6:25 LB	COOKING METHOD: NO COOK
		6 &1/8 CUP + 1 Tbsp + 2 Tsp	STEPS:
904439	ILEMIAUO EL OMATICALES HE L'USENE NECE	12 63/4 CUP + 1 TBSP + 2 TSP	
994967	SOUR CREAM - DAISY-SILISCE	3/4 CUP + 1 Tbsp + 2 Tsp	1.I N A LARGE BOWL MIX THE THAWED CHICKEN, SOUR CREAM, YOGURT, SPICES &
904958	WAGER I PLAIN	1/400104H TBsb0\$12 T8pl sp	VEGETABLES UNTIL WELL BLENDED.
904129	BALLIWEED FOR FIC	1/8 CUP + 2 TSB	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
904115	GARLIC GRANULATED	1 lbsp	SERVICE: 1.SERVE EACH STUDENT ½ OF A CUP OF CHICKEN. CREDITABLE PRODUCTS: PRODUCT# TYSON 46012-928 2.3 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE PRODUCT# USDA 100101 2 OZ, CREDITS AS 2 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size				
Calories	105 kcal			
Total Fat	3.36 g			
Sodium	407.23 mg			
Carbs	3.3 mg			

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 373 Student Count: 50

Whole Wheat Tortilla : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 903999	Ingredient Name TORTILLA 9" WHOLE WHEAT - CATALLIA - 40029	50 QTY	COOKING METHOD: NO COOK SERVICE: 1.SERVE EACH STUDENT 1 EACH. CREDITABLE PRODUCTS: PRODUCT#:CATALLIA 40029 1 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size		
Calories	150 kcal	
Total Fat	3.5 g	
Sodium	210 mg	
Carbs	25 mg	

Components		
Meat/Alt:	0	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940	SELECTIONE BELOW DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
903940	*ĎŘĒŠŠÍŇĠ ŘĀŇĈĤ ŤAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size			
Calories	19 kcal		
Total Fat	0.88 g		
Sodium	162.58 mg		
Carbs	2.75 mg		

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1154 Student Count: 50

Fresh Cucumber 1/4 CUP : NutriStudents K-12 Serving Size : 1/4 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 904274	Ingredient Name CUCUMBERS FRESH - GENERIC		COOKING METHOD: NO COOK STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH.
			CREDITABLE PRODUCTS: PRODUCT#:FRESH CUCUMBERS 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF OTHER VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size			
Calories	4 kcal		
Total Fat	0 g		
Sodium	0.49 mg		
Carbs	0.98 mg		

Components				
Meat/Alt:	0			
Grains:	0			
Vegetable:	0.25 cup eq.			
Fruit:	0			
Milk:	0			



DAIRY	FARM	FAMILIES	SFSP	MENU	WEEK:2	DAY:2
DATF.						

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe

recipe							
no.	recipe descriptions	portion size	M/MA GRAII	N FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:					
001695	NS DELI EGG SALAD 2M	R: 1/2 CUP	2				
001467	GRAIN	R:					
000373	NS GRAIN TORTILLA 9" 2G	R: 1 EACH	2				
001464	SIDE	R:					
900263	NS DRESS RANCH	R: 1 TBSP					
001217	VEGETABLES	R:					
000910	VSDF BROCCOLI 1/4C =1/4	R: 1/4 CUP		1/4			
	VEGETABLE SUB DARK GREE			1/4			
000878	FRUIT	R:					
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival		1/2			
000879	MILK	R:					
001300	NS MILK 1% ASSORTED	R: 1 EACH		1			
001381	NS MILK 2%	R: 1 EACH		1			
003296	NS MILK SKIM ASSORTED	R: 1 EACH		1			
001382	NS MILK WHOLE	R: 1 EACH		1			
						1	



Recipe #: 81217 Student Count: 50

Egg Salad Wrap: NutriStudents K-12 Serving Size: 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 1695 373	DELI EGG SALAD WHOLE WHEAT TORTILLA	24 &3/4 CUP + 1 IDSP + 2 ISP 50 QTY	SUB RECIPES: 1695- DELI EGG SALAD 373 - WHOLE WHEAT TORTILLA 1.MIX EGG AS SHOWN IN RECIPE 1695, SCOOP CHICKEN ONTO THE TORTILLA AND CREATE THE WRAP. 2.SERVE EACH 1 EGG SALAD WRAP.

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1695 Student Count: 50

Egg Salad : NutriStudents K-12 Serving Size : 1/2 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904704 904389	EGG HAKDBOILED - MICHAEL FOODS - 85018-00	3 & 3/4 CUP + 1 Thsp + 2 Tsp	COOKING METHOD: NO COOK
		1/8 CUP 1 Tbsp + 2 Tsp	STEPS:
903687	MAYONMAJELIGHV BOLKAVARAFT POO021000643018	 2/&3/4 /℃UFI \$P\$1 #b\$p \$P2 Tsp	
994139	BARGIKOSHERK GENERIO - GENERIC	1 †989	1.I N A LARGE BOWL MIX THE EGG, MAYO, SPICES & VEGETABLES UNTIL WELL BLENDED.
904129	BALTYKOSHERK GENERIC DILL WEED - GENERIC	1 Tbsp	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT ½ OF A CUP OF EGG. CREDITABLE PRODUCTS: PRODUCT# MICHAEL FOODS 85018-00 1 EGG, CREDITS AS 1.75 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size		
Calories	123 kcal	
Total Fat	10.3 g	
Sodium	251.13 mg	
Carbs	1.62 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 373 Student Count: 50

Whole Wheat Tortilla : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 903999	Ingredient Name TORTILLA 9" WHOLE WHEAT - CATALLIA - 40029	50 QTY	COOKING METHOD: NO COOK SERVICE: 1.SERVE EACH STUDENT 1 EACH. CREDITABLE PRODUCTS: PRODUCT#:CATALLIA 40029 1 EACH, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENTS

١	Nutrients based on 1 Serving Size
Calories	150 kcal
Total Fat	3.5 g
Sodium	210 mg
Carbs	25 mg

Components		
Meat/Alt:	0	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940	SELECTIONE BELOW DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
903940	*ĎŘĒŠŠÍŇĠ ŘĀŇĈĤ ŤAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size		
Calories	19 kcal	
Total Fat	0.88 g	
Sodium	162.58 mg	
Carbs	2.75 mg	

	Components
Meat/Alt:	0
Grains:	0
Vegetable:	0
Fruit:	0
Milk:	0





Recipe #: 910 Student Count: 50

Fresh Broccoli 1/4 CUP : NutriStudents K-12 Serving Size :

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904199	*BROCCOLI FLORETTE FRESH = GENERIC ==		COOKING METHOD: NO COOK
			STEPS: 1.CHOP VEGETABLES INTO SMALLER UNITS. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 2.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:TAYLOR 1010006 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP PRODUCT#:TAYLOR 73007 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size		
Calories	11 kcal	
Total Fat	0 g	
Sodium	10.81 mg	
Carbs	1.73 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0.25 cup eq.	
Fruit:	0	
Milk:	0	

1/4 CUP



DAIRY FARM	FAMILIES	SFSP	MENU	WEEK:2	DAY:3
DATE:					

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe

recipe								
no.	recipe descriptions	portion size	M/MA	GRAIN	FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:						
001689	NS DELI CHEF SALAD 2M	R: 1 EACH	2					
001467	GRAIN	R:						
001255	NS GRAIN ROLL DINNER 1G	R: 1 EACH		1				
001464	SIDE	R:						
900263	NS DRESS RANCH	R: 1 TBSP						
001217	VEGETABLES	R:						
001135	VSOF SALAD LCR 1/4C = 1/8	R: 1/4 CUP			1/8			
	VEGETABLE SUB OTHER				1/8			
000926	VSDF ROMAINE 1/4C = 1/8C	R: 1/4 CUP			1/8			
	VEGETABLE SUB DARK GREE				1/8			
000878	FRUIT	R:						
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival			1/2			
000879	MILK	R:						
001300	NS MILK 1% ASSORTED	R: 1 EACH			1			
001381	NS MILK 2%	R: 1 EACH			1			
003296	NS MILK SKIM ASSORTED	R: 1 EACH			1			
001382	NS MILK WHOLE	R: 1 EACH			1			
			1					1



Recipe #: 81218 Student Count: 50

Chef Salad : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 1689		50 QTY	Cooking Instructions SUB RECIPES: 1689- DELI CHEF SALAD 1. SLICE EGGS, HAM, TOMATO & CUCUMBERS AS SHOWN IN RECIPE 1689, PLACE SALAD TOPPING INTO A CONTAINER ONTOP OF A BED OF LETTUCE. 2. SERVE EACH 1 CHEF SALAD.

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1689 Student Count: 50

Chef Salad : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904704 99 4534	EGG HAKDBOILED - MICHAEL FOODS - 85018-00 BELEU朴的N世母配性の- 39493	50 QTY 100 QTY	COOKING METHOD: NO COOK
		6 &1/8 CUP + 1 Tesp + 2 Tsp	STEPS:
904499	Mutatat Gatata	1 6 641/8 CUP + 1 TBSD + 2 TSD	
904274	CUCUMBERS FRESH - GENERIC	6 &1/8 CUP + 1 Tbsp + 2 Tsp	1.SLICE EGGS, HAM, & VEGETABLES.
			2. IN A CONTAINER PLACE, EGG, HAM & VEGETABLES & SPINKLE CHEESE OVER THE TOP OF A BED OF LETTUCE.
			HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 3.SERVE EACH STUDENT 1 EGG, 2 SLICES OF HAM & 1/8 CUP OF CHEESE, 1/8 CUP OF CUCUMBERS& 1/8 CUP OF TOMATOES.
			CREDITABLE PRODUCTS: PRODUCT# MICHAEL FOODS 85018-00 1 EGG, CREDITS AS 1.75 MEAT/MEAT ALTERNATIVE HORMEL 39493 2 SLICES, CREDITS AS .25 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size				
Calories	154 kcal			
Total Fat	9.28 g			
Sodium	504.44 mg			
Carbs	5.11 mg			

Components		
Meat/Alt:	2 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1255 Student Count: 50

Dinner Roll : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 903996		50 QTY	COOKING METHOD: NO COOK SERVICE: 1.SERVE EACH STUDENT 1 EACH. CREDITABLE PRODUCTS: PRODUCT# BAKER BOY 31142 1 OZ, CREDITS AS 1 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size		
Calories	100 kcal	
Total Fat	2 g	
Sodium	70 mg	
Carbs	17 mg	

Components		
Meat/Alt:	0	
Grains:	1 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940	SELECTIONE BELOW DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
903940	*ĎŘĒŠŠÍŇĠ ŘĀŇĈĤ ŤAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size							
Calories	19 kcal						
Total Fat	0.88 g						
Sodium	162.58 mg						
Carbs	2.75 mg						

Components						
Meat/Alt:	0					
Grains:	0					
Vegetable:	0					
Fruit:	0					
Milk:	0					





Recipe #: 1135 Student Count: 50

Fresh LCR Salad Mix 1/4 CUP : NutriStudents K-12 Serving Size : 1/4 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 904421	Ingredient Name SALAD MIX LCR - GENERIC	12 &1/4 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD: NO COOK STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:TAYLOR 12730 1/4 OF A CUP EACH, CREDITS AS 1/8 OF A CUP OF OTHER VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size						
Calories	2 kcal					
Total Fat	0 g					
Sodium	2.22 mg					
Carbs	0.67 mg					

Components						
Meat/Alt:	0					
Grains:	0					
Vegetable:	0.125 cup eq.					
Fruit:	0					
Milk:	0					





Recipe #: 926 Student Count: 50

Fresh Romaine 1/4 CUP : NutriStudents K-12 Serving Size :

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
52 9 0427 5	SELECT ONE BELOW *ROMAINE CHOPPED = GENERIC ==		COOKING METHOD: NO COOK
			STEPS: 1.CHOP VEGETABLES INTO SMALLER UNITS. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 2.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:TAYLOR 14808 1/4 CUP EACH, CREDITS AS 1/8 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP PRODUCT#:TAYLOR 1060003 1/4 CUP EACH, CREDITS AS 1/8 OF A CUP OF DARK GREEN VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size						
Calories	2 kcal					
Total Fat	0 g					
Sodium	0.78 mg					
Carbs	0.32 mg					

Components						
Meat/Alt:	0					
Grains:	0					
Vegetable:	0.125 cup eq.					
Fruit:	0					
Milk:	0					

1/4 CUP



DAIRY	FARM	FAMILIES	SFSP	MENU	WEEK:2	DAY:4
)ΔTF·						

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0)	Adults(0)	Total(0)
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Site # 001 Nutristudents K-12

recipe no.	recipe descriptions	portion size	M/MA	GRAIN	FRUIT	VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:							
001619	NS PARFAIT BERRY WGRA	R: 1 EACH	2	2 1/4					
001464	SIDE	R:							
001584	NS CONDIMENT CREAM W	R: 2 TBSP							
900263	NS DRESS RANCH	R: 1 TBSP							
001217	VEGETABLES	R:							
000952	VSRF PEPPER RED 1/4C = 1	R: 1/4 CUP				1/4		1	
	VEGETABLE SUB RED/ORANG					1/4			
000878	FRUIT	R:							
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival			1/2	2			
000879	MILK	R:							
001300	NS MILK 1% ASSORTED	R: 1 EACH				1			
001381	NS MILK 2%	R: 1 EACH				1			
003296	NS MILK SKIM ASSORTED	R: 1 EACH				1			
001382	NS MILK WHOLE	R: 1 EACH				1			



Recipe #: 81219 Student Count: 50

Yogurt Parfait : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
1619	YOGURT PARFAIT	50 QTY	SUB RECIPES: 1619 – YOGURT PARFAIT
			1. MIX YOGURT, GRANOLA & FRUIT AS SHOWN IN RECIPE 1619, TO CREATE PARFAIT.
			2. SERVE EACH 1 YOGURT PARFAIT.

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1619 Student Count: 50

Yogurt Parfait : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904705 90338 9	YUGUKI VANILLA - UPSIAIE - 9886 SHKANFBERNIESFAESHA GERERALMILLS - 16000271118	49 &3/4 CUP + 1 IDSP + 2 ISP 6%年8七℃中午+11万岁6月+2年至6	COOKING METHOD: NO COOK
904712	BLUEBERRIES PROZEN - GENERIC	6 &1/8 CUP + 1 lbsp + 2 lsp	STEPS: 1.I N A LARGE BOWL MIX THE YOGURT, GRANOLA, & FRUIT UNTIL WELL BLENDED. HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT 1 CUP OF YOGURT, 1 CUP OF GRANOLA, 1/8 CUP OF STRAWBERRIES & 1/8 CUP OF BLUE BERRIES. CREDITABLE PRODUCTS: PRODUCT# UPSTATE 1 CUP, CREDITS AS 2 MEAT/MEAT ALTERNATIVE PRODUCT# GENERAL MILLS 1 CUP, CREDITS AS 2 WHOLE GRAIN RICH EQUIVALENT.

Nutrients based on 1 Serving Size		
Calories	537 kcal	
Total Fat	12.21 g	
Sodium	363.15 mg	
Carbs	94.04 mg	

Components		
Meat/Alt:	2 oz. eq.	
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1584 Student Count: 50

Whipped Cream: NutriStudents K-12 Serving Size: 2 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # 904684	Ingredient Name CREAM WHIPPED - DAIRY STAR - 50232	QTY & Measurement 6 &1/8 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD: NO COOK HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT 2 TBSP.

Nutrients based on 1 Serving Size		
Calories	15 kcal	
Total Fat	1 g	
Sodium	0 mg	
Carbs	1 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940	SELECTIONE BELOW DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
903940	*ĎŘĒŠŠÍŇĠ ŘĀŇĈĤ ŤAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size		
Calories	19 kcal	
Total Fat	0.88 g	
Sodium	162.58 mg	
Carbs	2.75 mg	

	Components
Meat/Alt:	0
Grains:	0
Vegetable:	0
Fruit:	0
Milk:	0





Recipe #: 952 Student Count: 50

Fresh Red Pepper 1/4 CUP: NutriStudents K-12 Serving Size: 1/4 CUP

Ing # QTY & Measurement	Cooking Instructions
904437 PEPPER RED BELL - GENERIC 12 &1/4 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD: NO COOK HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:FRESH BELL PEPPER 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF RED VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size		
Calories	8 kcal	
Total Fat	0.5 g	
Sodium	1.37 mg	
Carbs	1.92 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0.25 cup eq.	
Fruit:	0	
Milk:	0	



DAIRY	FARM	FAMILIES	SFSP	MENU	WEEK:2	DAY:5
ΔTE.						

NutriStudents K-12 DAILY PRODUCTION RECORD

Students(0) Adults(0)	Total(0)
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1

1

Site # 001 Nutristudents K-12

000879 ------ MILK -----

001381 NS MILK 2%

001382 NS MILK WHOLE

003296

001300 NS MILK 1% ASSORTED

NS MILK SKIM ASSORTED

recipe						
no.			M/MA GRAIN FRUIT VEGETABLE MILK	PLANNED	PREPARED	ADDED OR LEFT OVER
001299	ENTREE	R:				
900253	NS CHZ STICK or STRING 1	R: 1 EACH	1			
001644	NS YOGURT 1M	R: 1 EACH	1			
001467	GRAIN	R:				
001601	NS GRAIN CEREAL 1G	R: 1 EACH	1			
001464	SIDE	R:				
900263	NS DRESS RANCH	R: 1 TBSP				
001217	VEGETABLES	R:				
000942	VSRF CARROT 1/4C = 1/4C	R: 1/4 CUP	1/4		-1	
	VEGETABLE SUB RED/ORANG		1/4			
000878	FRUIT	R:				
900013	FRUIT - ASSORTED 1/2 CUP	R: 1/2 Cup Equival	1/2			

R: -----

R: 1 EACH

R: 1 EACH

R: 1 EACH

R: 1 EACH



Recipe #: 81220 Student Count: 50

B<u>reakfast for Lunch : NutriStudents K-12</u> Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
1644 98 92 53	YOGUKT CUP CHEESE STICK OR STRING 1 EACH WHOLE GRAIN CEREAL	50 QTY	SUB RECIPES: 1644 - YOGURT CUP
			900253 - CHEESE STICK OR STRING CHEESE
			1601 - WHOLE GRAIN CEREAL.
			1. SERVE EACH 1 YOGURT, 1 CHEESE, & 1 WHOLE GRAIN CEREAL.

Nutrients based on 1 Serving Size		
Calories	0 kcal	
Total Fat	0 g	
Sodium	0 mg	
Carbs	0 mg	

Components		
Meat/Alt: 2 oz. eq.		
Grains:	2 oz. eq.	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe # : 900253 Student Count : 50

Cheese Stick or String 1 Each : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
90414 9	*CHEESE STICK MOZZYKŁŁKA-TRONCYKĄCZY059878	59 QTY	COOKING METHOD: NO COOK
904104	CHEESE STRING - AMERICAN HERITAGE - 19140	30 Q11	STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT 1 EACH. CREDITABLE PRODUCTS: PRODUCT# LAND O LAKES 44878 1 EACH, CREDITS AS 1 MEAT/MEAT ALTERNATIVE PRODUCT# BONGARD 402951 1 EACH, CREDITS AS 1 MEAT/MEAT ALTERNATIVE PRODUCT# SCHREIBER 60833 1 EACH, CREDITS AS 1 MEAT/MEAT ALTERNATIVE PRODUCT# USDA 110396 1 EACH, CREDITS AS 1 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size		
Calories	90 kcal	
Total Fat	6.5 g	
Sodium	215 mg	
Carbs	1 mg	

Components		
Meat/Alt: 1 oz. eq.		
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1644 Student Count: 50

Yogurt Cup: NutriStudents K-12 Serving Size: 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904724	YOGURT STRAWBERRY - UPSTATE - 9820	50 QTY	COOKING METHOD: NO COOK STEPS: HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE.
			SERVICE: 1.SERVE EACH STUDENT 1 EACH. CREDITABLE PRODUCTS: PRODUCT# UPSTATE 9820 1 EACH, CREDITS AS 1 MEAT/MEAT ALTERNATIVE

Nutrients based on 1 Serving Size		
Calories	90 kcal	
Total Fat	0 g	
Sodium	52.45 mg	
Carbs	18.98 mg	

Components		
Meat/Alt:	1 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 1601 Student Count: 50

Whole Grain Cereal : NutriStudents K-12 Serving Size : 1 EACH

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
S3 964738 *WF	ECT ONE BELOW 10LE GRAIN CINEMANGENERASTMRIGNGH59GENERAL MILLS -	50 QTY	COOKING METHOD: NO COOK
	HOLE GRAIN CHEERIUS - GENERAL MILLS - 32262	50 Q I Y	SERVICE: 1.SERVE EACH STUDENT 1 EACH. CREDITABLE PRODUCTS: PRODUCT# GENERAL MILLS 32262 1 EACH, CREDITS AS 1 WHOLE GRAIN RICH EQUIVALENTS PRODUCT# GENERAL MILLS 47595 1 EACH, CREDITS AS 1 WHOLE GRAIN RICH EQUIVALENTS PRODUCT# GENERAL MILLS 11815 1 EACH, CREDITS AS 1 WHOLE GRAIN RICH EQUIVALENTS

Nutrients based on 1 Serving Size		
Calories	103 kcal	
Total Fat	1.83 g	
Sodium	183.33 mg	
Carbs	22 mg	

Components		
Meat/Alt:	1 oz. eq.	
Grains:	0	
Vegetable:	0	
Fruit:	0	
Milk:	0	





Recipe #: 900263 Student Count: 50

Ranch Dressing: NutriStudents K-12 Serving Size: 1 TBSP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
Ing # S2 903940	SELECTIONE BELOW DRESSING RANCH FAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD:
903940	*ĎŘĒŠŠÍŇĠ ŘĀŇĈĤ ŤAT FREE - HIDDEN VALLEY - 85645-HVR	3 CUP + 1 Tbsp + 2 Tsp	HACCP:KEEP COOLED BELOW 41° UNTIL READY TO COOK. SERVICE: 1.SERVE EACH STUDENT A TBSP EACH.

Nutrients based on 1 Serving Size		
Calories	19 kcal	
Total Fat	0.88 g	
Sodium	162.58 mg	
Carbs	2.75 mg	

	Components
Meat/Alt:	0
Grains:	0
Vegetable:	0
Fruit:	0
Milk:	0





Recipe #: 942 Student Count: 50

Fresh Carrots 1/4 CUP : NutriStudents K-12 Serving Size : 1/4 CUP

Ing #	Ingredient Name	QTY & Measurement	Cooking Instructions
904213	CARROTS BABY PEELED - GENERIC	12 &1/4 CUP + 1 Tbsp + 2 Tsp	COOKING METHOD: NO COOK HACCP:KEEP COOLED BELOW 41° UNTIL READY TO SERVE. SERVICE: 1.SERVE EACH STUDENT A 1/4 OF A CUP EACH. CREDITABLE PRODUCTS: PRODUCT#:GRIMM 15376 1/4 OF A CUP EACH, CREDITS AS 1/4 OF A CUP OF RED VEGETABLE SUBGROUP

Nutrients based on 1 Serving Size		
Calories	19 kcal	
Total Fat	0 g	
Sodium	23.48 mg	
Carbs	4.27 mg	

Components		
Meat/Alt:	0	
Grains:	0	
Vegetable:	0.25 cup eq.	
Fruit:	0	
Milk:	0	



NutriStudents K-12°

Menu Freedom. Over 100 Certified Weeks.

USDA Nutritional Requirements Compliance Certification

I, Jeanne Hopkins, as NutriStudents K-12® registered dietitian, hereby attest that all NutriStudents K-12® menus have been analyzed through USDA-certified nutrient analysis software and are in full compliance with the USDA meal pattern requirements established under the Healthy Hunger Free Kids Act (HHFKA) as updated for School Year 2020-2021.

Jeanne Hopkins, RD